



BELL PARK NORTH PRIMARY SCHOOL

NEWSLETTER #1 | Monday 19th July, 2021

Principal:
Anthea Lagadinos



Assistant Principal:
Christopher Cox



Upcoming Dates:

2021
TERM 3

To be advised
due to current
COVID
Restrictions.

FROM THE PRINCIPAL.....

Dear Parents,



Welcome Back

A very warm welcome back to all our staff, students and parents in our BPNPS community. We hope you enjoyed a wonderful break with your families.

Whilst the term has started extremely well it is disappointing that the first week ended with our state going into the five day lockdown which has seen us return to remote and flexible learning between last Friday 16th July and tomorrow 20th July. I would like to thank all our staff for their incredible response in quick preparation for the lockdown at extremely short notice and thank all parents for their continued support with this. We hope to be back on site as of this Wednesday 21st July.

We hope to return to COVID normal soon and will try and have a term filled with many special events occurring so please take the time to check the newsletter every fortnight and COMPASS posts regularly for information. We are looking forward to working with you all and looking forward to a great term. We are hoping to be able to organise and hold a family event at school this term some time.



Welcome New Staff

This term we welcome Mrs Jacquelyn Neale who is teaching in the 5/6 area replacing Mrs Thomas who has a full time Disability Inclusion & Welfare role. We also welcome Miss Leah Maffescioni who will be a support staff member in the F-2 area. We wish these ladies all the best and hope they enjoy their time with us.

Value This Term

Our school value for this term is 'Integrity.' Teachers will be talking to children about how they can respect others by focusing on the following:

- Honesty
- Accountability
- True to Self
- Courage
- Having a Voice



Parents can support this work by talking to their children about how to demonstrate our school's expected behaviours and how to respect others.

Bell Park North Primary School F-6 

Vision Statement

Our Vision: "Together We Achieve"

At Bell Park North Primary School, our staff, children and parents work together to support the social, emotional and academic learning of all students in our care.



Our Values

Values which form the basis of our actions are:

- Friendship
- Respect
- Integrity
- Equality
- Never Give Up
- Do Your Best
- Safety

Term 3 Value "Integrity"

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School Attendance

It is absolutely crucial that children are in attendance at school daily to ensure their learning is not put at risk. This includes ensuring children are not late to school or leaving early. With this in mind we ask that parents ensure children are only absent if absolutely unavoidable due to illness or emergencies and here on time and not leaving early. It is advisable to make appointments for children out of school time where possible. In the event that you require to pick up your child early in the day please contact the office first so we are aware you will be coming and we can have your child ready to go. Also just a reminder that children should be signed in late or out early through the kiosk in the foyer by an adult.

Lost Property

We have a great deal of lost property in the box outside the Library which has been there an extremely long time. We ask that if children have lost items that they search this box. The containers and drink bottles in there will only be kept until the end of July and then they will be disposed of.



Entering Buildings

May I please remind parents that if you enter the school you are required to come to the main office and sign in first. Parents and children are not allowed to enter any buildings and classrooms when the teachers are not present. In addition due to current COVID arrangements parents are only to enter the office area if absolutely essential and must be wearing a mask and sign in with QR code if they do.

Being COVID-Safe

The message from the Chief Health Officer remains to "Stay home when unwell.

The most important action school communities can take to reduce the risk of transmission of COVID-19, is to ensure that any unwell staff and students remain at home and get tested, even with the mildest of symptoms." For this reason we ask that if your children are showing the symptoms below you keep them home and consider getting them tested.

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss or change in sense of smell or taste
- Some people may also experience headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea.



Please note that there have been quite a few cases of gastro going around Geelong schools. For this reason we ask that you are extra cautious in ensuring your children are not at school if unwell with related symptoms.

Anthea Lagadinos

Principal

Friendly Reminders:

- Children, parents and staff to stay home if unwell.
- Hats must now be worn every day when outside when UV index is above 3 and until 1st May.
- Full school uniform must be worn every day.
- Every Minute Counts" (It's Not Okay to Be Away or Late to School.)



Welfare Corner



Building Resilience in our Children

If ever there is a time that we need to be resilient, it is in our current environment, which has impacted on not only adults but our children also.

What is resilience?

Resilience is the ability to cope when things go wrong. Bouncing back when things are difficult. Being able to deal with challenges and still hold your head up. Giving things a go or trying your best. Being strong on the inside. Being able to cope with what life throws at you and shrug it off.

How can we help our children learn to be resilient?

One way is to help children to learn that we all go through challenges and that it is okay when things don't go the way we would like them to.

We can help our children by teaching them to problem solve. Teaching children to try and solve a problem on their own is a start and then if they need help, they can ask for it.

Using Pause, Plan, Proceed is something that helps with problem solving. We stop what we are doing, think about what is happening and brainstorm ideas about how we can solve the problem and then we try one of our solutions.

Help your children to name their feelings, there are many story books about feelings, that help children to learn about different feelings or there are feeling charts. Helping children to understand their feelings and how to manage feelings helps them to make good choices.

Teaching children that it is okay to make mistakes is another way of building resilience. We can't get everything right all the time.

Check in with your children to see how they are coping and help them to learn coping skills.

Encourage children to take time out and relax. Teaching children relaxation skills will assist children to cope with whatever challenges come their way.

Having a predictable routine helps children, make sure there is time to rest / sleep, eat and play, it is much easier to manage the challenges of life if we are feeling well.

Another suggestion is to limit exposing children to situations that are distressful, whilst children need to be aware of some things happening in society, they do not need to be overloaded, as they can become quite distressed and have trouble processing information.

So, here's to building resilience in our children.

Rosalie Scott – Welfare Officer

Resilience, Rights and Respectful Relationships

During week 1 & 2 of term 3 our children will be learning about topic 5 – Stress Management

Children and young people experience a range of personal, social and work-related stressors in their everyday lives. Activities within this topic have an explicit focus on teaching positive approaches to stress management. This topic will help to teach students to recognise their personal signs and symptoms of stress, and to develop strategies that will help them to deal with stress effectively, which will help students cope with future challenges. The activities focus on the ways in which self-calming strategies can be used to manage stressful situations.

(Resilience, Rights and Respectful Relationships)

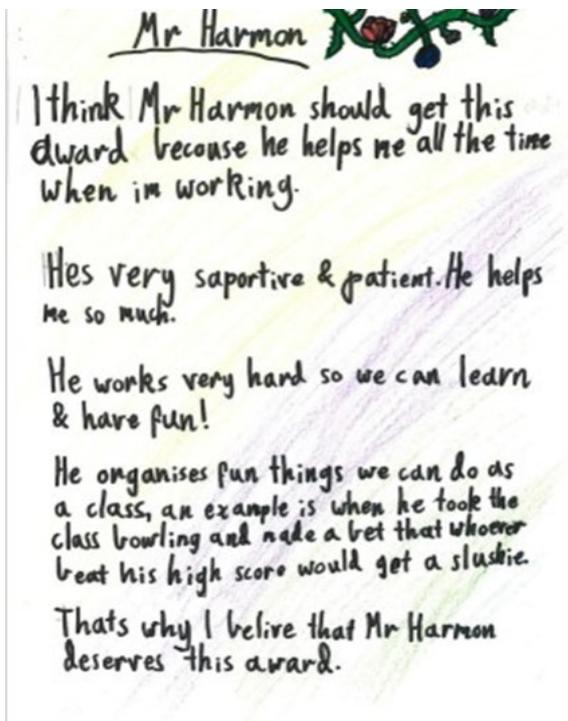


Bethany Superhero Awards 2021

We are delighted to announce that Amelie Fitzsimmonds from 5/6H was one of 12 finalists in the Bethany Superhero Awards. Amelie, her parents, Mr. Harmon and I attended the award ceremony on Thursday July 15th at the Geelong Library. All finalists received a medal and a bag of goodies from Dizzy Toys.

Amelie nominated Mr. Harmon as her hero. Please see her entry below and a photo of Amelie with her medal and bag of goodies at the ceremony.

Bethany informed us that they received 300 entries from school students across the Geelong region. Bethany also informed that they received 20 entries from our school., with our Foundation, Year 3, 4 ,5 and 6 classes participating.



Congratulations Amelie for being a finalist.

Well done Mr. Harmon for being nominated a hero.

I would like to thank all our students who participated and thank-you to the parents / carers who supported the students with their entries.

I would like encourage our students to consider being involved next year.

Thank-you also to Bethany for organising the activity and inviting us to participate.

Rosalie Scott – Welfare Officer



Excellence & Encouragement



Awards - Term 2 2021

Grade	Excellence	Encouragement
Foundation	Mohammad Ahmadi	Nakiah Saddington
Year 1	Elaha Mousavi	Saim Turi
Year 2	Grace Antonac	Hamish Carter-Ashwin
Year 3	Rhianna Serasinghage Don	Hussain Sayed
Year 4	Jordan Day	Zoe Van Halen
Year 5	Marissa Tabic	Mia Rossiter
Year 6	Farid Rahmani	Dilpreet Singh
ART	Kiana Nazari	Sonny Stokoe
PE	Dilpreet Singh	Adrian Collins-Dunford
LOTE	Mason Whitney	Charlee Amos

Canteen News

Canteen is now open

Wednesday

Thursday

Friday

BREAKFAST CLUB

Now Open 8.30 am

Wednesday

Thursday

Friday

Thank you for the many donations we have received.

It is very much appreciated.

Please keep them coming

Bread

Margarine

Milo

Thank you

Susie Harvey

Canteen Manager

