

# BELL PARK NORTH PRIMARY SCHOOL

## Principal:

Anthea Lagadinos



**Assistant Principal:** Christopher Cox



## NEWSLETTER #10, Tuesday 13th June 2023



# TERM 2 JUNE

Sexual Health Program
Grades 5-6
13th-15th June

BioLab Grades 5-6 Friday 16th June

Reward Activity Days

3 Way Conferences / Pupil Free Day Tuesday 20th June

> Last Day of Term 2 Friday 23rd June

## FROM THE PRINCIPAL.....

Dear Parents,

#### **A Great Week**

We are quickly coming to the end of the term and I would like to thank our students and staff for their efforts and their flexibility. At this time of year we tend to see escalated cases of illness. Whilst we expect children at school daily we ask that your child stays home if not well and a RAT test is a good idea to administer to them. We also ask that parents collect their children from school as soon as possible if you are called to do so.

## **Grade Area News Item**

This week the Year 5/6 children share their learning experiences with you in their Area News item. We hope you enjoy reading it.

### **School Reports**

Our teachers have been involved in the demanding task of writing reports. They have spent many hours out of school time doing so. I would like to acknowledge their efforts at this time. Me Cox and I have enjoyed reading the children's reports and are pleased with their efforts.

We continue with online reporting to provide parents with timely and valuable information regarding their children's learning. Parents can monitor their children's progress via the COMPASS online platform throughout each term and will be able to view the mid- year report on Monday 19<sup>th</sup> June. Please see Miss Sue in the office or our Assistant Principal Mr Cox if you are having difficulties logging into COMPASS.

Tuesday 20<sup>th</sup> June will be a Pupil Free day for the purpose of holding 3-Way Parent, Teacher and Student Conferences. A COMPASS notification around the conferences was posted to families on Friday.

### **Headlice**

We are starting to once again see a few cases of headlice. Any child who has live lice will be sent home as they must be excluded until treatment of the hair has taken place. It is extremely important to check children's hair regularly and to treat the hair thoroughly to remove any live lice or eggs. Any eggs left in the hair will start the cycle again. It is also necessary to check every family member to ensure it is not passed from one to another.

If you are unsure of how to treat your child's hair please contact us at the office and we can give you some information.



Term 2 Value
"Respect"

School Council President:

Rebecca Hunt

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www.bpiips.vic.gov.au

bell.park.north.ps@education.vic.gov.au

#### **Entering School Grounds and Buildings**

A friendly reminder that any parent/visitor to our school must come to the office first to check in when entering the school building. This is Department of Education legislation. Parents are not allowed to go straight down to classrooms without checking in at the office first.

Parents should not be staying in the corridors or near classrooms once they have dropped their children off. We also ask parents to be respectful of teachers' preparation time before the start of the school day. We greatly appreciate your support with this.

### **Student Safety**

Whilst we encourage children to be active by riding or walking to school we ask that their safety is taken care of. For example, younger children below Grade 4 must only ride with an adult, children should walk in groups, crossings are to be used at all times and safety helmets/safety gear should be worn when using modes of transport. This includes when riding a scooter or skateboard. Children who do not wear a helmet will have their bike, scooter or skateboard confiscated and parents will be called to come and pick their child up.

I would also like to remind all our parents that they are not allowed to park in the teachers' car park. This is a 'no go area' for children and by parking there you are forcing your child to go through the car park which is very dangerous as we have staff members coming and going all day.

Children are reminded that they are not allowed to ride any form of transport within the school grounds as it endangers others

We appreciate your co-operation in helping us care for the safety of our children here at BPNPS.



#### **Student Absences**

Government regulations state:

"..All Victorian government schools must contact parents/carers as soon as practicable on the same day of an unexplained student absence.

This requirement supports student safety and wellbeing. Schools need to know when and why a child is absent, and parents/carers need to know if their child is not at school. Prompt communication also promotes daily school attendance. Parents and carers must notify the school of their child's absence as soon as possible on the day of absence using the school's preferred method, including online, by telephone or by email."

To support this regulation we have the COMPASS notification process in place where parents receive a text message at 9:30 on the day their child is absent unless we have been notified about the absence prior to that time.

### **Assembly**

Assembly will be held this Friday at 2:20 p.m. in our school Gym. We look forward to seeing you here for.

Grade 3/4 S will be presenting an item on this day.





## **Being COVID-Safe**

On October 12<sup>th</sup> 2022 the Victorian Government announced that the mandatory orders around isolation for people with COVID-19 have ended and instead we move to health advice and recommendations for people with COVID-19 or COVID-19-like symptoms.

Our school will continue to adhere to the Department of Health's recommendations to ensure that our school remains a safe environment for our staff and students.

The Department of Health **strongly recommends** that students and school staff:

- who test positive to COVID-19 stay home and isolate for 5 days and do not attend school after 5 days if they are still symptomatic;
- who are symptomatic but have not tested positive not attend school. This does not include students with pre-existing conditions such as hay fever.

Parents and carers are recommended to continue to report their child having COVID-19 to both the school and the Department of Health.

We will, however, no longer report occurrences of positive cases to the school community.

We ask parents and carers to continue to remain vigilant in preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This is about keeping students healthy and well in our school and reducing the spread of both COVID-19 and other respiratory diseases.

**Rapid Antigen Tests are available for all Victorians from Council sites.** People can get 2 free packs (10 tests) for themselves and 2 free packs (10 tests) for each of their household members.

People with disability and their carers can get up to 4 free packs (20 tests) in line with existing RAT distribution for people with disability.

Parents and carers will be contacted if their child shows symptoms while at school.

Students who wish to wear a mask should continue to do so.

To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures.

We appreciate and thank you for your continued efforts to keep our school community safe and well.

## **Anthea Lagadinos**

### **Principal**

## **Friendly Reminders:**

- Assembly this Friday at 2:20 p.m.,
- Full school uniform must be worn every day.
- Children must wear hats between the months of September and May or when the UV index is 3 or above.
- It's Not Okay to Be Away or Late to School as "Every Day Counts."



# EXCITING NEWS

Teeth on Wheels Are coming back!



At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

And the best news is.. it is happening at your child's school!

With the help of the government your child might be eligible for FREE dental

If you have completed a form for your child for 2023, this does not need to be completed again!



## CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM





Phone: (03) 9338 1191

Email: info@teethonwheels.com.au

# -

## Welfare Corner

## Helpful Thinking vs Unhelpful Thinking

What we think, affects what and how we feel. Our thinking impacts how we behave. It is important for children and adults to learn and understand this.

For example a child thinking: 'I failed my last spelling test, so I will fail again, I must be dumb' does not give a child the incentive to try to do their best, which is what we encourage at school. We do not ask children to be the best, just to try their best.

If a child feels that they are a failure, then they will not be motivated to try again and do their best, their thinking maybe 'what's the point?'
This will affect their learning and everyday life. They may decide I cannot spell so I am not going to learn my words for the next test or for that matter any other test.

If we can teach children, to change their thinking from unhelpful to helpful thinking, it will have a positive impact on them. Helpful thinking will encourage them. One way children can do this is to use positive self-talk.

Using the above example, let's change the way we think. If we can get a child to think, 'I did not do well in my last spelling test but maybe, if I learn the words for my next spelling test, then I will do better next time' or 'I did not do well in my spelling test but I did my best' or 'I did not do well in my spelling test but I did well and passed my science project', is a much more helpful way of thinking and gives them incentive to keep trying.

If you hear a child saying something that is unhelpful, then you could try to change their thinking by saying something like, 'I understand why you may feel like that, but maybe you could try......', this way you are helping them to learn to look at other ways of thinking about things and this will help to build more positive feelings, which will lead to more positive results throughout life.

We all need to be reminded to change our thinking at times.

For more information, <a href="https://livingwell.org.au/well-being/mental-health/unhelpful-thinking-patterns/">https://livingwell.org.au/well-being/mental-health/unhelpful-thinking-patterns/</a>

Rosalie Scott Welfare Officer





# Swimming with SEAL

# (Social Emotional Awareness Learning)

For the next three weeks in SEAL we will be introducing the children to 'The Resilience Project'. The children will be looking at Gratitude. Every child will receive a journal they will use throughout the lessons. We are very excited to be joining with 'The Resilience Project'. If you have any questions please feel free to ask your child's teacher. Please find below another message from 'The Resilience Project', Martin Heppell is the person from 'The Resilience Project' who our children will be hearing from in video clips. You will find some information from Martin in the message below, just click on the link. There is also a parent / carer newsletter about Gratitude attached to this newsletter.

This week's presentation from <u>The Resilience Project</u> focuses on Gratitude.

Gratitude is paying attention to the things that we have right now, and not worrying about what we don't have. We practise this by noticing the positives that exist around us.

Research shows that practising gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking, and increase physical health through improved sleep and attitude to exercise.

### View Part 2 of the series here:

Part 2 - Gratitude: <a href="https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-martin/">https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-martin/</a>
There are many ways in which you can practise gratitude, including starting a gratitude journal. You can simply use a notebook to list three things that went well for you each day, or use a more comprehensive <a href="https://www.wellbeing.gov/wellbeing.

Source: Psychology Today

For mental health resources and support information, visit <u>The Resilience Project's Support Page</u>.

The Education Team

The Resilience Project

03 9113 9302 (Option 1)

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# PROJECT -

## Parents & Carers

## Gratitude

Practising gratitude is the ability to notice things in your life (big and small) and appreciate them, rather than thinking about the things you wish you had, or might be missing out on. Making this a daily habit rewires your brain to scan the world for the positives rather than default to our negative bias. Over time, this leads to increased levels of energy, happiness, and self-esteem.



## Grategories

#### You Will Need

- Get your family together.
- Paper for each player.
- Pencil/pen for each player.
- Timer



'It is not happiness that brings us gratitude. It's gratitude that brings us happiness.'



### How To Play



- This game can be played individually or in teams.
- Choose a letter of the alphabet at random (you might use an alphabet chart, sing the alphabet song, put all the letters of the alphabet in a container like a raffle or you might have a letter dice at home).
- Place a timer on for one minute.
- In that one minute, each player/team writes down as many things they can that they are grateful for starting with that letter.
- Winning player/team scores a point.
- Play again with a different letter.
- Play continues for as long as you like.
- Winner is the player/team who has the most points at the end of your game.







Scan the QR code to listen to Dr. Kiran Martin on the imperfects podcast. She says that gratitude should be our fundamental orientation of life and that we need to wear glasses that have gratitude lenses.

As a family, go for a walk around your home, local neighbourhood or favourite park and imagine you are wearing 'Gratitude Glasses'. Point out all the things you see that you are grateful for.



Jump onto TRP@Home on the The Resilience Project website. Here you will find a range of free resources and activities you can do at home.





Proudly



The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.



# PROJECT -

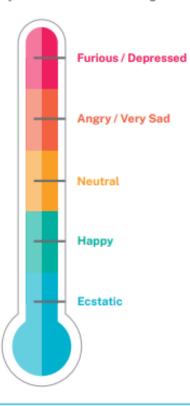
## **Parents & Carers**

## **Emotional Literacy**

Emotional Literacy is being able to recognise and name our emotions. If we can label our emotions, then we can start to understand the why and begin to problem solve to work through what it is that we're going through.



It is important to know that it is okay to feel all the emotions! The key is to understand these and be able to use strategies to manage our emotions effectively. Below is an example of a mood scale; this is a handy visual to use with children but can also be a handy tool to use for adults! Throughout the day we will move up and down the mood scale as we feel different emotions.



#### REFLECTING ON EMOTIONS

- · Have a think about times when you have felt like you were at the top end of the mood scale, in the orange or red.
- What were the triggers that made you feel like this?
- Think about the emotions you were feeling, it could have been anger, extreme sadness, furiousity, high anxiety, etc.

#### MOOD CHANGERS

- · Now think about how you were able to bring yourself back down on the mood scale.
- Do you already have strategies in place, or could you build up your 'mood changer' toolbox?
- Some examples of mood changes could be:

DEEP BREATHS

PLAYING WITH YOUR PET

PLAYING MUSIC

A HUG FROM YOUR CHILD/REN

MINDFULNESS

Click here or scan the QR code to download a catastrophe scale template that you could print and use as a family.



Click on the image or scan the QR code to listen to Dr. Emily, a psychologist who talks about Emotional Awareness on the podcast, 'the imperfects'.





Click on the image or scan the QR code to listen to Lael Stone on the podcast, 'the imperfects'. Lael is an educator and a parenting expert.

If you enjoyed that episode, click here to listen to her most recent episode too.





supported by



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education@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



# Week Ending 2nd June 2023

| Grade                            | Student          | Reason for Award  |  |  |  |
|----------------------------------|------------------|---|--|--|--|
| Foundation C<br>Mr Cleeland      | Isabelle Kershaw | For the positive attitude and sustained effort she is putting into her learning. Isabelle is trying her best and being rewarded with pleasing results. Congratulations Isabelle!  |  |  |  |
| Foundation M<br>Miss Maddocks    | Gus McKee        | Gus walks into the classroom everyday with a smile on his face and ready to learn. He is very thoughtful of his peers, listens to his teacher and contributes greatly to our class.  Keep up the amazing attitude Gus   |  |  |  |
| Foundation R<br>Miss Roosje      | Muhammad Kayyan  | For following instructions. Muhammad has been listening this teacher and understanding what is being asked of him. He has been working hard on his language skills and getting more confident to share his opinion with the class.  Keep up your great work Muhammad! |  |  |  |
| 1/2B<br>Mr Greenwood             | Erol Nurdag      | For always having a go and trying his best in all subjects. Erd is always keeping the class entertained with his humour an is constantly showing friendship to all students. Keep up the great work Erol!   |  |  |  |
| 1/2G<br>Mr Gear                  | Royce Grant      | For demonstrating our school value "Do Your Best" this week. Royce has applied himself to all learning experiences with a Growth Mindset, making the most of his opportunities to develop his knowledge and skills.  Keep up the great work Royce!                    |  |  |  |
| 1/2O<br>Miss O'Dea               | Wasi Hussain     | For always doing his best and making green choices both inside and out of the classroom. Keep up the awesome job Wasi!  |  |  |  |
| 1/2P  Miss Pither Mankirat Bains |                  | For consistently displaying the school value of Do Your Best.  Manu is always trying his best in all learning areas and seeks feedback on how he can improve his schoolwork. Keep up the great work Manu!   |  |  |  |

# Week Ending 2nd June 2023

| Grade                  | Student           | Reason for Award  |  |
|------------------------|-------------------|---|--|
| 1/2Z<br>Miss Zlatkovic | Rajveer Chauhan   | For his consistent positive approach to learning in the classroom. Rajveer always gives every learning experience his best efforts and uses all learning time efficiently. Keep up the amazing work Rajveer!  |  |
| 3/4N<br>Ms Neale       | Siennah Watkinson | Siennah is a valued member of 3/4 N. This week she has tried her best when completing the on-demand testing for Reading and Maths. She showed some great improvements for her Reading and her efforts should be celebrated. Well done Siennah, keep working hard! |  |
| 3/4P<br>Mrs Pfeiffer   | Scarlet Tingate   | Scarlet gets this award for her friendship skills and for her engaging stories that she wrote recently. Scarlet's Maths skills have increased in her recent assessments and classwork. Well done! Keep up the great work Scarlet!                                 |  |
| 3/4S<br>Mr Stoop       | Aria Dixon        | For her wonderful and consistent efforts in showing the school term value of respect. Aria, treats others equally an fairly, she is empathic and always listens.  Fantastic work Aria, keep it up.  |  |
| 5/6C<br>Mrs Climpson   | Sonny Stokoe      | For his enthusiasm and motivation when writing various styles of poetry. Sonny wrote several poems about dinosaurs and reptiles. Keep up the great work in writing Sonny!   |  |
| 5/6H<br>Mr Harmon      | Ahmad Ahmad       | For his outstanding results in on-demand testing this week. Well deserved for all your hard work Ahmad. Well done!  |  |
| 5/6M<br>Mr Mitchell    | Toussaint Gumba   | Toussaint has shown an outstanding level of general knowledge this year. It was great to see him apply it to his writing this week when he developed an amazing 'diamante' poem that compared Nike and Adidas.  Great effort, Toussaint!                          |  |

# Week Ending 2nd June 2023

| Grade                   | Student        | Reason for Award   |  |  |
|-------------------------|----------------|--|--|--|
| PE<br>Mr Gibson         | Kaneez Hussain | For being a great team player in Hockey this week. Kaneez displayed fantastic sportsmanship through communication and cooperation with her teammates. Well done Kaneez!                          |  |  |
| PE<br>Mr Skipworth      | Elya Fatima    | Elya is a respectful and caring member of class. She gives everything 100% and is always smiling. Keep up the great work.  |  |  |
| Media Arts<br>Mr Gibson | Charlotte Vigh | For using a range of cutting techniques when designing a collage of her own house. Charlotte used a range of paper types, materials and techniques to create a detailed and interesting artwork. |  |  |
| STEM<br>Mr Skipworth    | Shanvi Shanvi  | Shanvi worked extremely hard during our recent food chain/web unit of work. Her presentation skills were amazing. Keep up the great work.  |  |  |
| JAPANESE<br>Mrs Carey   | Erol Nurdag    | For trying his best and participating in Japanese this week. Erol practised saying animal names in Japanese and enjoyed teaching other students how to use chopsticks! Great work Erol!!         |  |  |
| Green Team<br>Mr Stoop  | 3/4P and 1/2 O | Various students to be called out during assembly.   |  |  |



# Week Ending 9th June 2023

| Grade                       | Student           | Reason for Award  |  |  |
|-----------------------------|-------------------|---|--|--|
| Foundation C Mr Cleeland    | Dane Veitenheimer | For the positive attitude and resilience he shows each session. Dane is working hard to learn his letters and sounds to help him with his reading and writing. Congratulations  Dane!   |  |  |
| Foundation M Miss Maddocks  | Sam Tozer         | Sam has been working extremely hard to sound out words independently during writing sessions. He always tries his best and always contributes to class discussions. Great work Sam, you're doing amazing!   |  |  |
| Foundation R<br>Miss Roosje | Aylah Johnstone   | For challenging herself! Aylah has been working hard to focus on herself and this has shown through some fantastic writing and maths tasks she has completed where she has been able to extend her learning. Keep up your hard work Aylah!  |  |  |
| 1/2B<br>Mr Greenwood        | Azeenah Hrkac     | For showing a great understanding of fairy tales. Azeenah has been an active contributor to classroom discussions and has been able to talk about the similarities and differences between different fairy tales. She has been able to talk about the characters, settings, problems and solutions. Keep up the good work Azeenah!                      |  |  |
| 1/2G<br>Mr Gear             | Ivy Antonac       | For her outstanding efforts across the curriculum. Ivy has consistently applied herself to all learning areas with wonderful engagement and positivity. Ivy has made the most of every opportunity to develop her skills and knowledge, producing excellent pieces of work and making meaningful contributions to classroom discussions. Well done Ivy! |  |  |
| 1/2O<br>Miss O'Dea          | Azariah Hickford  | For her determination and perseverance during learning time. Azariah displays a positive attitude while always trying her best and giving everything a go. Keep up the awesome job Azariah!   |  |  |
| 1/2P<br>Miss Pither         | Ezra Gysbers      | For having such a positive attitude towards his learning this week. Ezra has tried his best in all tasks and has been a very active participant in class discussions. Keep up the amazing work Ezra! You're a superstar!  |  |  |

# Week Ending 9th June 2023

| Grade                  | Student          | Reason for Award   |
|------------------------|------------------|--|
| 1/2Z<br>Miss Zlatkovic | Zarah Zehra      | For demonstrating a growth mindset and stamina during writing sessions. Keep up the great work!  |
| 3/4N<br>Ms Neale       | Kalon Davis      | Kalon is a valued member of 3 /4 N. This term he has worked hard towards improving his skills and knowledge in Maths. He has also been committed to developing his writing skills. Kalon always seeks feedback so that he can continue to improve in all areas of his learning. Excellent work Kalon, keep it up!          |
| 3/4P<br>Mrs Pfeiffer   | Hamish Carter    | Hamish gets this award for his engaging Monologue that he wrote to go with a Limerick that our class performed at the Assembly on the 9th of June. Hamish enjoys writing comedies and his audience enjoys these. He has a talent for Writing a variety of texts and is a great team member in Year 3/4P. Well done Hamish! |
| 3/4S<br>Mr Stoop       | Jeziah Norman    | For his hard work and effort in numeracy this week. Jeziah has worked closely with his teacher and peers to learn and improve his strategies in the relationship between addition and subtraction. His results have shown great improvement and should be proud of his efforts. Great work Jeziah.                         |
| 5/6C<br>Mrs Climpson   | Jasmine Dimovski | For her positive attitude and enthusiasm at the Lightning Premiership competition for netball on Wednesday.  Jasmine gave 100% and was not afraid to try new positions.  Well done on having a positive growth mindset.  |
| 5/6H<br>Mr Harmon      | Emily Osborne    | Emily is an enthusiastic student who brightens our classroom! She has had a positive few weeks where she has made good choices. Emily takes pride in her work and she has produced pleasing work in literacy and numeracy.  Keep up the great effort Emily!!!!   |
| 5/6M<br>Mr Mitchell    | Chloee Allan     | Chloee represented Bell Park North extremely well during this weeks netball lightning premiership at Kardinia Park. It was great to see her maintain a positive and competitive attitude despite the shocking weather! A future sportsperson to look out for. Excellent work Chloee!                                       |

# Week Ending 9th June 2023

| Grade                   | Student  | Reason for Award  For using his Resilience goals and strategies to Pause, Plan & Proceed. Jensen helped and encouraged his classmates during their tennis lesson. Keep up the great work!      |  |  |
|-------------------------|--|--|--|--|
| PE<br>Mr Gibson         | Jensen Symonds   |  |  |  |
| PE<br>Mr Skipworth      | Lily Balaz   | Lily has been working really hard during P.E. She actively engages in class discussions and is willing to answer questions and demonstrate how to undertake tasks. Great work Lily.            |  |  |
| Media Arts<br>Mr Gibson | Zeb Fox  | For demonstrating a growth mindset in art! Zeb applied himself to his Self-portrait and persisted. He followed all instructions and finished an amazing self-portrait! Keep up the great work! |  |  |
| STEM<br>Mr Skipworth    | Laura Lokas  | Laura has worked well during STEM. She has successfully been able to code her Dash Bot and is willing to assist her peers. Keep up the great work.   |  |  |
| Green Team<br>Mr Stoop  | Jayson Stannard, Darcie<br>Bracken, Raphael Lundin,<br>Samar Abbas, Ali Reza Rasouli<br>& Damien Bracken | For taking time out of each recess and lunch to ensure our school yard and community is clean and safe for every student and staff member.   |  |  |



# LOTS OF FUN GRADE 5-6 EVENTS IN TERM 2!!









3-6 Athletics <u>Day:</u> Our recent Athletics day was at Goldsworthy Reserve. We had great fun and there was lots of cheering for each other from the sidelines. The teacher versus student relay was a highlight and the students won!

Vessey House was the winner on the day. All the events were good fun and lots of people won ribbons.

Everyone showed good sportsmanship.

Thanks to Mr Gibson for organising the day!

By Jayson Stannard and Lucas Allen

Whole School Maths Day: On the 19<sup>th</sup> of May we had a whole day of doing fun Maths activities, to celebrate Education Week.

We were in different age groups and we did lots of different fun activities. Topics included shape, chance, fractions and maths games. Older students were a great support for younger students.

Thanks to Miss Neale and staff for organising a great day.

It was very enjoyable.

By Rhianna Serasinghage Don



## Winter Lightning Premiership. Soccer and AFL:

Our footy team won 3 out of five games at the WLP. We made it through to the grand <u>final</u>, but we sadly lost that game. Everyone played well and many people scored a goal on the day. We had an amazing day! By Mason Berry.

The soccer team lost our first game to St Mary's, but we won our next three! We finished second. Everyone played well and showed great sportsmanship. The weather was great and we all had a fun day! By Josh McKay.



## Police visit with Robbie Noggler

We had a visit from Leading Senior Constable, Robbie Noggler, He spoke to us about online safety and being safe from predators. He gave us great advice about how to spot and avoid harmful situations and traps online.

He made some funny jokes and we learnt a lot.

By Patrick Washington.





# Bell Park North PS Beanies



Purchase your head warmer from the office for \$20



## **UNIFORM POLICY**

## BELL PARK NORTH PRIMARY SCHOOL

School Council, in consultation with the School Community has introduced a student dress code for the compulsory wearing of school uniform. This dress code has been in place for several years. All parents are made aware of uniform requirements when they enrol their children.

Parents are requested to ensure that their children wear the school uniform that is correct and is kept in a clean and tidy condition. Variations to school uniform are not permitted unless evidence is provided on medical or religious conditions.

### AT BELL PARK NORTH PRIMARY SCHOOL THE STUDENT DRESS CODE WILL:

- Promote and encourage a sense of belonging, identification and pride in our school.
- Assist with student safety and group security.
- Eliminate competitive dressing and unnecessary peer group pressure.
- Provide a neat and practical style of dress.
- Ensure new students are integrated easily and smoothly.

## **GUIDELINES**

- 1. The Bell Park North Primary School Dress Code shall apply to all students while they are at school, travelling to and from school and on all school related activities unless otherwise specified by the school.
- 2. The school uniform must be worn correctly, in accordance with this policy. Parents should purchase only the listed, approved items from our school approved supplier. Children who are not wearing school uniform, or are wearing items of clothing that are not approved, will receive an 'Out of Uniform' note.
- 3. The approved uniform supplier will be Noone Imagewear (Bellarine Uniforms; 162 Moorabool Street Geelong).
- 4. Thongs, open-toe sandals, scuffs, ugg boots, gum boots and platform soles are not acceptable footwear. Shoes must be secured on children's feet at all times.
- 5. The Principal or delegate shall be responsible for ensuring that clothing, jewellery, footwear, sunhats; etc meets appropriate standards in regard to student safety and overall student presentation and appearance, in line with this policy. This will include ensuring that dress is appropriate on casual dress days e.g. no singlet tops exposing shoulders, shorts and dresses not to be too short.
- 6. Parents / Guardians are responsible for ensuring their child/children are dressed in school uniform.
- 7. When a Parent/Guardian can demonstrate significant economic hardship that prevents him/her from complying with the dress code they can make application for special funds from the Principal.
- 8. SunSmart broad-brimmed sunhats in the school colour are to be worn outside at all times from 1<sup>st</sup> September-1<sup>st</sup> May each year. In order to comply with SunSmart regulations for the rest of the year, children should have their hats available; as they will be required to wear them when the UV levels are above 3, regardless of the month.
- 9. For safety reasons no jewellery is to be worn, with the exception of: a watch, sleeper or stud earrings in the ear only. Children will be asked to remove excessive and/or unsafe jewellery with exception to religion.
- 10. Make up and coloured nail polish is not to be worn. A clear nail polish is acceptable.
- 11. Colouring of students' hair is an acceptable practice as long as the colour is of a natural shade. In the event that hair is coloured an unacceptable shade then the parent/guardian will be called to collect the child and re-colour the hair to an acceptable colour.
- 12. Hairstyles of an extreme style are not acceptable. Examples of extreme hairstyles include shaved stripes, Mohawk or similar styles.

|   | School Name / Department       |              | Policy name    |            | Policy Ref. Number |             |
|---|--------------------------------|--------------|----------------|------------|--------------------|-------------|
|   | Bell Park North Primary School |              | Uniform Policy |            |                    |             |
|   | Owner:                         | Approved by: |                | Date:      | Version            | Page 3 of 3 |
| L | Bell Park North Primary School | Staff        |                | 28/01/2020 | 1.0                |             |

- 13. The Principal or the designated delegate will be responsible for determining acceptable standards in relation to hair colour and style.
- All students' hair, boys and girls, that is of shoulder length or longer must be tied back and off the face for 14. health and safety reasons.
- 15. Hair bands and ribbons should be white, navy blue or royal blue. No large ornaments such as flowers and scarves are acceptable. Jojo bows are acceptable providing they are white, navy or royal blue.
- 16. Jackets and raincoats are to be worn only in outdoor areas, and need to be removed once the student enters the school building.
- 17. Long sleeve t-shirts are not to be worn under school polo shirts.
- 18. Tracksuit pants or leggings are not to be worn under dresses/kilts.
- 19. Tights are not to be worn with Summer dresses.

Full Zip Windcheater (Bomber Jacket)

- Sports knickers or bike shorts may be worn under summer dresses. They should not be visible when 20. standing. Boxer shorts are not acceptable under dresses and should not be visible under boys' shorts. Other underwear should not be visible at any time.
- 21. Any approved item of clothing may be worn at any time of the year regardless of whether it is on the 'summer' or 'winter' list.
- 22. All items of uniform, including bags and hats, must be clearly named with a permanent marker of iron labels.
- 23. All students are required to wear the approved School Uniform which is defined as:

## **Summer Uniform**

Polo Shirt-Short sleeve Royal Blue/Navy with logo Polo Shirt-long sleeve Royal Blue/Navy with logo Navy Blue (Gabardine, elastic waist) **Shorts** Navy Blue Stubbies (Gabardine, elastic waist) **Trousers** Culottes Navy Blue **School Dress** Blue/White stripe Socks White sports socks or anklets **Shoes** Black school shoes or runners Hat Royal Blue broad-brimmed with logo 1/2 Zip Windcheater Royal Blue/Navy with logo

## Winter Uniform

1/2 Zip Windcheater Royal Blue/Navy with logo Full Zip Windcheater (Bomber Jacket) Royal Blue/Navy with logo **Track Pants** Navy Blue with reinforced knee Navy Blue Stubbies (NOT cargo) **Trousers** Polo Shirt-Short sleeve Royal Blue/Navy with logo Polo Shirt-long sleeve Royal Blue/Navy with logo Kilt/Pinafore Navy/royal/white check

Socks White sports socks or anklets (or black/navy socks under

> trousers) Navy

Royal Blue/Navy with logo

Tights (with kilt only)

Black school shoes or runners **Shoes** 

Coat Navy, polar fleece lining with Logo (optional)

Hat Royal Blue broad-brimmed with logo

Uniforms are available for sale at:

**BELLARINE UNIFORMS 162 Moorabool Street** 

Geelong 3220

| ı | School Name / Department             |  | Policy name    |            | Policy Ref. Number |             |
|---|--------------------------------------|--|----------------|------------|--------------------|-------------|
|   | Bell Park North Primary School       |  | Uniform Policy |            |                    |             |
|   | Owner: Approved by:                  |  | by: Date:      |            | Version            | Page 3 of 3 |
|   | Bell Park North Primary School Staff |  |                | 28/01/2020 | 1.0                |             |



# **Bell Park Playgroup**

Playgroup commencing Wednesday 15 Febuary

Bethany Community Support runs playgroups as part of our Connect Up program, a local service that supports families to help their children thrive

Playgroups connect families to community and provide a place for parents to develop skills and for children to learn. They are also a great way to meet new people and socialise with other families.

For more information regarding Bell Park Playgroup please call Renae on 0490 669 510

- Teach your child new skills
- Meet new families with young children
- Share information and ideas
- Fun activities for you to share with your preschool children

Bell Park North Primary School 16 - 26 Barton Street Bell Park

Wednesdays 9.30am - 11am

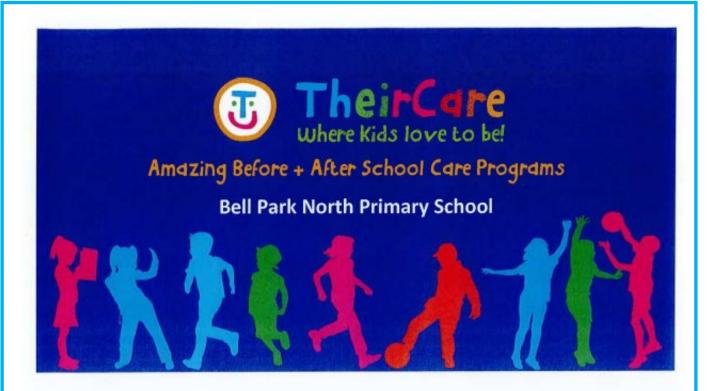
Bring a healthy snack and a water bottle for your child



Community Hub Leader Azadeh Doosti 0422909487 bethany.org.au







## About the program

TheirCare provides adventurous and stimulating Before & After School Care Programs in a safe environment for all children. During sessions children develop life skills, friendships, confidence and creativity through play.

Bell Park North Primary School has partnered with TheirCare to provide this service to your school which includes quality care, booking flexibility, amazing programming for your children and commitment to deliver on our promise to your school community.

| Operation Times                  |                 | Fees•    | Out of Pocket    | Average^ |
|----------------------------------|-----------------|----------|------------------|----------|
| Before School Care               | 6:45am – 8:45am | \$19.00  | \$2.85 - \$19.00 | \$2.85   |
| After School Care                | 3:10pm - 6:00pm | \$26.00  | \$3.90 - \$26.00 | \$3.90   |
| Pupil Free Day                   | 6:45am - 6:00pm | \$65.00  | \$9.75 - \$65.00 | \$9.75   |
| Late Booking<br>Cancellation Fee | Within 24 hours | \$4.00   |                  |          |
| Cancellation Fee                 | Same Day        | Full Fee | See BSC/ASC      |          |

Please note: No late fees will be applied for Term 1, 2022

Service Phone Number: 0484 311 882 Your service coordinator will be available during session times. Their Care support is available during office hours if required on 1300 072 410

#### How to Enro

Visit TheirCare website: <a href="www.theircare.com.au">www.theircare.com.au</a> and click on 'Book Now' in the top right hand corner to register your child's details.

<sup>\*</sup>Standard fees excluding incursion / excursion costs

<sup>\*</sup>Based on ABS published average family income for the suburb the school is located

# It's YOUR Library

Library membership is **FREE!** Bring your grown up into one of our 19 branches to sign up. Spend some time in our welcoming spaces and take home up to 40 items! At Geelong Regional Libraries we have:



**Early Years programs** 

**Children's Computers** 



**Picture Books and Board Books** 



**Audio Books and Magazines** 

DVD's and CDs



**Toys and Games** 

**After School Programs** 



**School Holiday Activities** 

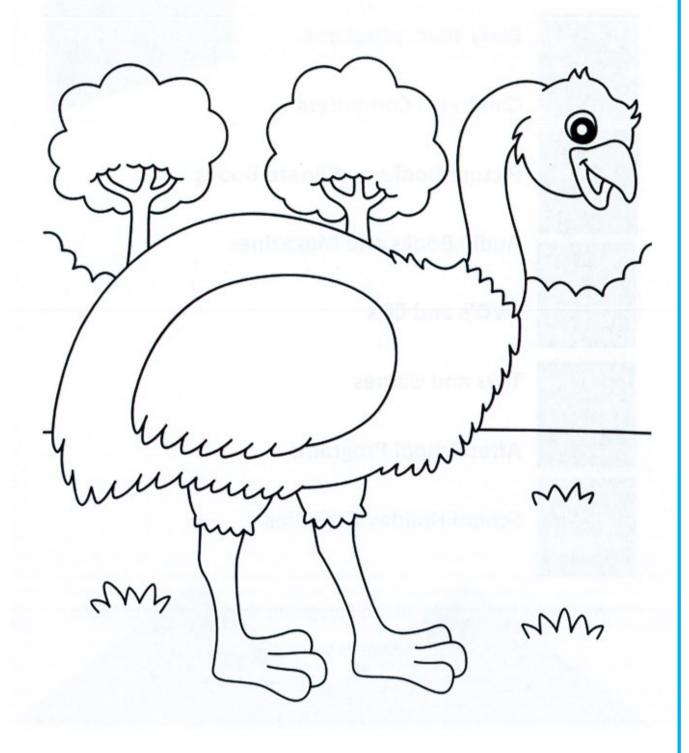
We have a fantastic events and programs that are fun and FREE.

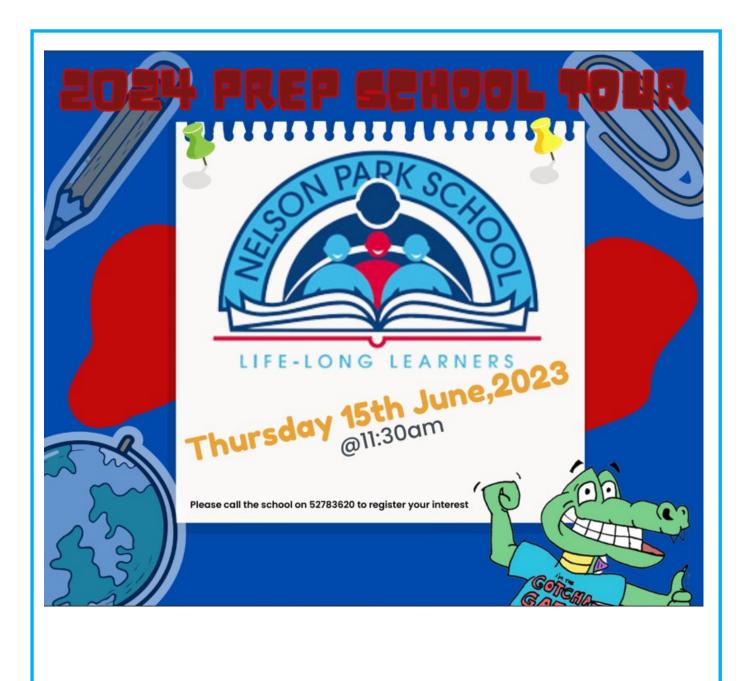
Everyone is welcome!

Online grlc.vic.gov.au Phone 03 4201 0658 Corner Cox Rd and Moa Street, Norlane 3214











## Some of the activities during the Camps will include:

Shooting practice

Skills sessions

Small sided games

Various awards given out throughout the camp

Training with FV's technical staff

## Important Information

First Aid professional on site

Morning snacks provided

Please bring a packed lunch

Registration early bird (Friday, June 2) prices: \$70 per day, \$180 for three days.

Registration price post early bird: \$80 per day, \$210 for three days.

# **SCAN QR TO REGISTER**

For enquiries contact the Go Football team on 0394741872 or info@gofootballcom.au





# Canteen News

Welcome back to our school community new and old.

Normal Canteen Days are **WEDNESDAY**, **THURSDAY**, **FRIDAY**Looking forward to seeing all your smiling faces.

# **BREAKFAST CLUB**

Breaky Club will now be available from MONDAY to FRIDAY each week

We are now asking for donations of

Margarine, Bread and Milo

## CANTEEN

Frozen Yoghurt **NO** longer available.

JJs \$1.20

Vegie Crackers \$1.50

Snaps \$1.50

Can all be ordered on lunch order bags.



# Canteen Menu 2023

## Canteen is open Wed, Thur & Fri

## Brekky Program runs Wed, Thur & Fri from 8:30am

Place Name, Grade and Room number along with Food order on bag.

Money to be placed in bag and then order to be placed in the basket in classroom.

Thank you







| Paper Bags                 | 10c                    |                                |              |  |  |
|----------------------------|------------------------|--------------------------------|--------------|--|--|
| Tomato/BBQ Sauce           | 40c                    |                                |              |  |  |
| Sandwiches and Wraps       |                        | Hot Food                       |              |  |  |
| Add 50c for rolls or       | toasting               |                                |              |  |  |
| Buttered Roll              | \$2.50                 | Sausage Roll                   | \$3.50       |  |  |
| Vegemite                   | \$2.70                 | Party Pies                     | \$1.40       |  |  |
| Vegemite and Cheese        | \$3.70                 | Hotdogs                        | \$4.00       |  |  |
| Cheese                     | \$3.50                 | Hawaiian Pizza                 | \$4.00       |  |  |
| Ham                        | \$3.50                 | Chicken Nuggets x 3            | \$2.50       |  |  |
| Ham 'n' cheese             | \$4.00                 | Chicken Nuggets x 6            | \$5.00       |  |  |
| Ham, Cheese 'n'            | \$4.50                 | Chicken Burger                 | \$5.00       |  |  |
| Tomato                     |                        | Chicken Burger 'n' Cheese      | \$5.50       |  |  |
| Egg 'n' Lettuce            | \$5.00                 | Lasagne                        | \$5.00       |  |  |
| Ham 'n' Salad              | \$7.00                 | Spaghetti                      | \$5.00       |  |  |
| Tuna 'n' Salad             | \$7.00                 | Steamed Dims Sims              | \$1.20       |  |  |
| Chicken 'n' Salad          | \$7.00 Corn on the Cob |                                | \$1.00       |  |  |
| Salad (no meat)            | \$5.50                 | Chicken Tender Wrap            | \$5.50       |  |  |
| Salad contains:            |                        | (Lettuce, tomato and choice of |              |  |  |
| Cheese, beetroot, tomato,  |                        | mayo or chilli sauce)          |              |  |  |
| cucumber, carrot, lettuce, |                        | Hot chicken roll w/cheese      | \$5.00       |  |  |
| celery<br>Egg extra 50c    |                        | w/gravy                        | \$5.50       |  |  |
| Boiled egg                 |                        | Lasagne                        | \$5.00       |  |  |
|                            | \$1.00                 | Spaghetti                      | \$5.00       |  |  |
| Baked Potato               |                        | Halal Items                    |              |  |  |
| Coleslaw                   | \$7.00                 | Hot dogs                       | \$4.00       |  |  |
| Cheese                     |                        | Nuggets                        | 3 for \$2.50 |  |  |
| Sour Cream                 |                        |                                | 6 for \$5.00 |  |  |
| Drinks                     |                        | Salad Tubs                     |              |  |  |
| Water                      | \$1.20                 | Large Salad Tub                | \$7.00       |  |  |
|                            |                        | Small Salad Tub                | \$6.00       |  |  |
|                            |                        | Fruit Salad                    | \$7.00       |  |  |
|                            |                        |                                |              |  |  |