

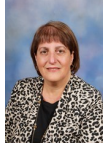


BELL PARK NORTH PRIMARY SCHOOL

NEWSLETTER #8, Monday 15th May 2023

Principal:

Anthea Lagadinos



Assistant Principal:

Christopher Cox



TERM 2

MAY

**Curriculum Day
Monday 15th May**

**Grade 3-6 Athletics Day
Wednesday 17th May**

**Education Week
15th—19th May**

**Maths Day
Friday 19th May**

**Bellarine & Geelong North
Division Cross Country
Tuesday 23rd May**

**AFL / Soccer Lightning
Premiership
Wednesday 24th May**

FROM THE PRINCIPAL.....

Dear Parents,

A Great Week

We have had an enjoyable week and are proud of our children who are working so well. A big thank you to all our staff for their efforts and to all parents for your continued support.

Grade Area News Item

This week the Year 1/2 children share their learning experiences with you in their Area News item. We hope you enjoy reading it.



Open Day Tours and 2024 Foundation Enrolments

Last week the Open Day Tours were held for prospective families who are interested in enrolling their children in our school next year. Mr Cox and I conducted the tours and were so pleased to see such great interest and hear that families who came through had been told wonderful things about our school and had high recommendations for our school.

Just a reminder that we are now taking enrolments for Foundation students for next year.



Important Women's Afternoon and Mother's Day Raffle

Important Women's Afternoon was held on Tuesday 9th May and it was so pleasing to see many of our families represented.

We hope you enjoyed the gifts the children bought home for you for Mother's Day and a very big thank you to all our staff who donated the gifts for the Mother's Day Raffle prizes. This is much appreciated I'm sure.



Bell Park North Primary School F-6



Vision Statement

Our Vision: "Together We Achieve"

At Bell Park North Primary School, our staff, children and parents work together to support the social, emotional and academic learning of all students in our care.



Our Values

Values which form the basis of our actions are:

**Friendship
Respect
Integrity
Equality
Never Give Up
Do Your Best
Safety**

**Term 2 Value
"Respect"**

School Council President:
Rebecca Hunt

PO Box 244 North Geelong 3215

Ph. 5278 3548 Fax 5278 4418

www.bpnps.vic.gov.au

bell.park.north.ps@education.vic.gov.au

Hats

From the 1st of May children have not been required to wear their hats outside unless the UV index is 3 or above. However we ask that children try to always have their hats at school as the UV index can change quite often and when it is warmer it is sensible for children to wear their hats.



Student Absences

Government regulations state:

"..All Victorian government schools must contact parents/carers as soon as practicable on the same day of an unexplained student absence."

This requirement supports student safety and wellbeing. Schools need to know when and why a child is absent, and parents/carers need to know if their child is not at school. Prompt communication also promotes daily school attendance.

Parents and carers must notify the school of their child's absence as soon as possible on the day of absence using the school's preferred method, including online, by telephone or by email."

To support this regulation we have the COMPASS notification process in place where parents receive a text message at 9:30 on the day their child is absent unless we have been notified about the absence prior to that time.



Uniform Reminders

Thank you to all of our families who continue to ensure that their children are dressed in the School Council approved uniform items. We greatly appreciate your co-operation with this as our children continue to look wonderful and we get many comments on how well they are dressed and how smart our uniform looks. We do however have some children who continue to wear unapproved clothing or jewellery items and many children who have hair shoulder length or longer are forgetting to tie it up. It is essential that they do so for health and safety reasons. Children (girls and boys) who have hair at shoulder length or longer and have not tied it up will be given a rubber band and will be required to tie it back as we have a duty of care to fulfil. Children are also not permitted to dye their hair any colour which is not natural hair colour.

We have included another copy of the Uniform Policy in this newsletter.

Please see us at the office if you are having issues with uniform.



Assembly

Assembly this week has been cancelled due to our whole school Mathematics Day event.

We look forward to seeing you back for assembly next Friday 26th May at 2:20 p.m.

Grade 1/2 P will be presenting an item on this day.



Being COVID-Safe

On October 12th 2022 the Victorian Government announced that the mandatory orders around isolation for people with COVID-19 have ended and instead we move to health advice and recommendations for people with COVID-19 or COVID-19-like symptoms.

Our school will continue to adhere to the Department of Health's recommendations to ensure that our school remains a safe environment for our staff and students.

The Department of Health **strongly recommends** that students and school staff:

- Who test positive to COVID-19 stay home and isolate for 5 days and do not attend school after 5 days if they are still symptomatic who are symptomatic but have not tested positive not attend school. This does not include students with pre-existing conditions such as hay fever.

Parents and carers are recommended to continue to report their child having COVID-19 to both the school and the Department of Health.

We will, however, no longer report occurrences of positive cases to the school community. We ask parents and carers to continue to remain vigilant in preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This is about keeping students healthy and well in our school and reducing the spread of both COVID-19 and other respiratory diseases.

Rapid Antigen Tests are available for all Victorians from Council sites. People can get 2 free packs (10 tests) for themselves and 2 free packs (10 tests) for each of their household members.

People with disability and their carers can get up to 4 free packs (20 tests) in line with existing RAT distribution for people with disability.

Parents and carers will be contacted if their child shows symptoms while at school.

Students who wish to wear a mask should continue to do so.

To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures.

We appreciate and thank you for your continued efforts to keep our school community safe and well.

Anthea Lagadinos

Principal

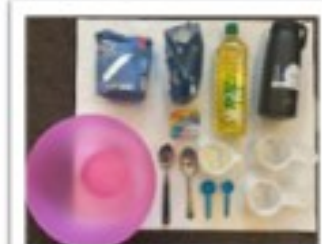
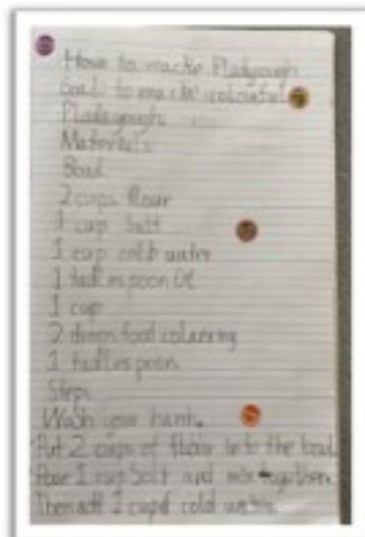
Friendly Reminders:

- **NO ASSEMBLY THIS WEEK**
- **Full school uniform must be worn every day.**
- **Children must wear hats between the months of September and May or when the UV index is 3 or above.**
- **It's Not Okay to Be Away or Late to School as "Every Day Counts"**



Learning in the 1/2 Area! 9

This term in Literacy the 1/2 cohort have been focussing on Procedural texts. In Reading students have enjoyed some amazing learning experiences, following procedural texts to make play do, fairy bread and kinetic sand as well as experiments 'Walking Water' science experiment. Students have been exploring the 6+1 Traits topics of Organisation and Word Choice to create their own procedural texts. Students have also been learning about the different types of nouns, verbs, adjectives and adverbs used to help make our Writing more engaging for the reader. 9



Welfare Corner



The importance of play for children

Teaching children how to play makes playtime, whether at home or at school, fun. Learning how to play begins at a young age and needs to begin at home. Through play children explore and learn about their world.

Play allows children to use their creativity whilst developing their imagination, dexterity, and physical, cognitive, and emotional strength. Play is important for healthy brain development. It is through play that children at a very early age engage and interact in the world around them and this continues throughout their school years.

Play helps children to;

- build confidence
- feel loved, happy and safe
- develop social, language and communication skills
- learn how to negotiate, deciding who will they decide who will be “it”
- learn how to get along with others, co-operation skills and how to work together
- develop problem solving skills and resolve conflict and how to manage when things go wrong
- build resilience, learning to accept how to manage when things do not go the way you want them to go and how to bounce back
- build self-confidence and helps children to try and explore new things
- learn about caring for others and the environment
- develop physical skills
- connect and refine pathways in their brain.

Play helps children to form and develop friendships, this is one of the hardest areas for children. Making friends and maintaining friendships is one of the common issues children bring to my room. Having no friends makes the school day long and life lonely.

Other skills children learn through play are developing their imagination as play encourages children to be creative and problem solve.

There are so many benefits to playing, so encourage your child to play with other children, so they can learn and develop these important skills that they will need throughout their lives.

It is also important that parents play with their children as this helps build strong parent – child relationships.

It's important that play is fun.

For further information please click on this link <https://raisingchildren.net.au/newborns/play-learning/play-ideas/why-play-is-important>

Rosalie Scott
Welfare Officer



Swimming with SEAL

(Social Emotional Awareness Learning)

SEAL Update:

In our SEAL program we are now looking at Respectful Relationships.

Week 3 & 4 of this term our students will be learning about 'Positive Coping'.

Students will be provided opportunities to identify and discuss different types of coping strategies. When children and young people develop a language around coping, they are more likely to be able to understand and deliberately utilise a range of productive coping strategies and diminish their use of unproductive coping strategies. Students learn to extend their repertoire of coping strategies and benefit from critical reflecting on their own choices and being exposed to alternative options. Students will be introduced to the concept of positive self-talk to approach and manage challenging situations. Positive self-talk is a key strategy for coping with negative thoughts, emotions and events. It is associated with greater persistence in the face of challenge, and can be learnt or strengthened through practice. (Resilience, Rights and Respectful Relationships)

Meli Connect Up Program

The Connect Up program provided by Meli (previously Bethany Community Support) offers free and confidential support for parents/carers/families who:

- May be experiencing family challenges and need support
- Would like to build their parenting skills
- Are keen to find out about local support services available for families
- May need support with referrals to other services

Family and Community Engagement worker Renae Weaver is available to support families at Bell Park North Primary and can meet with you at the school or in your home.

Please speak to Welfare Officer Rosalie Scott if you would like to access this service.

Meli.org.au



WEEKLY AWARDS

Week Ending 5th May 2023

Grade	Student	Reason for Award
Foundation C Mr Cleeland	Hunter Lawless	For the respect that he shows to the materials that we use. This week we introduced the students to Developmental Curriculum (DC) and Hunter LOVED it! Not only did he enjoy using the equipment carefully but he was instrumental in packing up quickly and efficiently. Congratulations Hunter!
Foundation M Miss Maddocks	Addison Little	Addison has made an amazing start to Term 2! She is socialising extremely well with a variety of her peers, is helpful within class and has a great learning attitude. We love having you in our class! Keep up the great work Addi!
Foundation R Miss Roosje	Kaiden Kelly	For being brave! Kaiden has been working hard on being resilient. He contributes to class discussions and is always making green choices. During DC time he showed qualities of being a good friend to others, by sharing and asking questions. Keep up your fantastic work Kaiden!
1/2G Mr Gear	Keak Keak	For an excellent week in the classroom! Your efforts to follow instructions, respect others and do your best in all areas have been outstanding! It is wonderful to see how proud you have been of these efforts as we too are incredibly proud of you Keak. Keep up what has been a brilliant start to the term!
1/2O Miss O'Dea	Ryan Pokhrel	For his inquisitive questions during our Barwon Water incursion. Keep up the great work!
1/2P Miss Pither	Tony Shwe Hla Yi	For actively listening and showing an enthusiastic approach to all of his learning tasks. Keep up the awesome work Tony!
1/2B Mr Greenwood	Isaac Riggs	For applying himself to his learning. Isaac is an active contributor to classroom discussion. Isaac showed great dedication to learning this week and used skills learnt to help him solve difficult addition problems. Keep up the great work Isaac

WEEKLY AWARDS

Week Ending 5th May 2023

Grade	Student	Reason for Award
1/2Z Miss Zlatkovic	Charlotte Storm	For always using her manners towards peers and staff within the school. Charlotte consistently shows the school value respect at all times. Congratulations Charlotte!
3/4S Mr Stoop	Jensen Symonds	For his ability to show the school value of friendship. Jensen has been inclusive and helpful of teaching his basketball skills to others during recess and lunch. Jensen knows the importance of team sports and achieving goals with friends. Well done Jensen.
3/4P Mrs Pfeiffer	Seerat Seerat	Seerat has been working hard on writing Biographies and a personal Autobiography. Keep up the great work Seerat!
3/4N Ms Neale	Amity Hancocks	Amity has been focusing on writing a biography about Adam Goodes this week. She has researched and included important facts in her work. Excellent job Amity, keep working hard!
5/6H Mr Harmon	Kanishk Mandhan	For his excellent attitude and always displaying our school value of Respect. Kanishk tries hard at all times. Recently in Maths he was struggling with a task and refused to give up! Keep it up Kanishk!
5/6M Mr Mitchell	Abbas Hussaini	For his impressive effort in finishing first in the District Cross Country this week. Abbas' resilience and persistence when challenged are skills that he has shown in classroom activities all year. Great reward for your ongoing efforts Abbas.
5/6C Mrs Climpson	Ella Montagnese	For working hard this week to research the Queen Victoria Market. Ella collected lots of interesting facts which she will now use to create an information report. Ella has had a positive mindset towards this task and has been extremely focused on her work. Well done Ella!

WEEKLY AWARDS

Week Ending 5th May 2023

Grade	Student	Reason for Award
PE Mr Gibson	Dakota Smith	For her amazing result at the District Cross Country. Dakota had a convincing win in her race and was humble and encouraging towards the other competitors.
PE Mr Skipworth	Noah Kelly	Noah is always trying his best when practising his skills. He co-operates with his peers and always has a smile on his face. Keep up the great work.
Media Arts Mr Gibson	Nathaniel Tingate	His creativity and hard work when designing his 3D structure. Nate asked questions to assist with his design and he implemented the feedback effectively to create a unique piece of art.
STEM Mr Skipworth	Keak Keak	Keak worked really hard on his Dream House poster. He thought creatively about the task and implemented many great ideas. Keep up the great work!
JAPANESE Mrs Carey	Lorah Nicholls	For her expert contribution to discussions about Children's Day in our Japanese sessions this week. Great work Lorah! Keep it up!



WEEKLY AWARDS

Week Ending 12th May 2023

Grade	Student	Reason for Award
Foundation C Mr Cleeland	Jordyn Wood	For the beautiful piece of writing she published for Mother's Day. Jordyn always takes pride in her work and is excited to present it to the class. Congratulations Jordyn!
Foundation M Miss Maddocks	Mansirat Kaur	For an amazing start to school! Mansi's confidence has grown so much and she is already making great friendships with her peers. She asks for help when needed and cares about her classmates and her teacher. We love having you in our class Mansi, well done!
Foundation R Miss Roosje	Enissa Bailey	For being a star! Enissa has been trying her best in her work, showing focus and determination. She is always wanting to participate in our class discussions with insightful answers. Great job Enissa, keep it up!
1/2G Mr Gear	Isabella Oakes	For her efforts in reading and writing this week. Izzy has shown a wonderful engagement while learning about procedure texts. She has enjoyed our experiences in reading and created entertaining pieces of writing showing a great understanding of the text type. Well done Izzy!
1/2O Miss O'Dea	Raphael Lundin	For his awesome effort this week and giving every learning task a go. Keep up the awesome work Rah!
1/2P Miss Pither	Natalie Woolsey	For always being an exceptionally helpful member of 1/2P. Natalie is always the first to offer a helping hand to her peers and staff who are in the classroom. Well done Natalie!
1/2B Mr Greenwood	Karter Britton	For having a fantastic start to Term 2. Karter has been working hard in class and showing great improvement across all areas. He is constantly contributing to classroom discussion and he is always seeking feedback to see if a word or maths problem is correct. Keep up the great work Karter!

WEEKLY AWARDS

Week Ending 12th May 2023

Grade	Student	Reason for Award
1/2Z Miss Zlatkovic	Kairi Lewis-Raines	For constantly contributing her ideas to class discussions with confidence. Kairi listens attentively and always Whole body listens, by putting her hand up to ask and answer questions. Her contributions add great value to our learning. Congratulations Kairi, keep up the great work!
3/4S Mr Stoop	Peter Dimkopoulos	For his kind and caring nature towards his classmates. Peter always checks in and supports his friends when they need a hand. Well done Peter, thank you for constantly showing great school and community values.
3/4P Mrs Pfeiffer	Eshal Rana	Eshal gets this award for her teamwork skills in her classes and for her excellent Autobiography, that she wrote neatly and had received a Principal's sticker for it. Keep trying hard Eshal at this school and at the GELC school. You can do it!
3/4N Ms Neale	Eliza Payne-Gubmleaton	Eliza is a valued member of 3/4 N . This week she has been demonstrating the value of RESPECT by helping others in the classroom. Eliza has also been working hard towards improving her addition and subtraction strategies so that she can be more efficient in solving tricky problems. Fantastic work Eliza, Keep Working Hard!
5/6H Mr Harmon	Josh McKay	For being such a positive member of our class. Josh has retained his happy demeanor, despite being on crutches. He has also worked very well on Maths tasks this week and he wrote an engaging Information Report about Luna Park. Well done Josh!!
5/6M Mr Mitchell	Laura Lokas	For the high effort put into the research and development of her information report about the Old Melbourne Gaol. It was pleasing to see Laura challenge herself by creating a descriptive and informative hybrid text. Excellent work Laura!
5/6C Mrs Climpson	Hasnain Zaidi	For creating and presenting a wonderful information text on the Westgate Bridge. Hasnain included lots of interesting facts and included pictures to support the written text. He used a loud clear voice when presenting and made lots of eye contact with his audience. Well done Hasnain on a great presentation!

WEEKLY AWARDS

Week Ending 12th May 2023

Grade	Student	Reason for Award
PE Mr Gibson	Sydney Cooley-Smythe	For the vast improvement she has made with her focus in class. Sydney has been working hard to improve her ball control skills and passing in Soccer. Keep up the great work Sydney.
PE Mr Skipworth	Phoebe Penney	Phoebe attacks all tasks with enthusiasm. She is working hard on improving her skills and is willing to assist her peers during class.
Media Arts Mr Gibson	Sienna Hinson	For her hard-work and persistence with challenging tasks. Sienna created a detailed necklace design and responded to feedback when faced with a problem.
STEM Mr Skipworth	Addison Little	Addison works brilliantly during class time. She commences her work straight away and is a respectful member of her class. Great job Addison!
JAPANESE Mrs Carey	Boston Tucker	For having an outstanding Japanese session this week! Boston contributed to discussions and remembered the feelings words we learnt last term! Amazing work Boston, keep it up!
Green Team Mr Stoop	Lorah Nicholls	For taking time out of each recess and lunch to ensure our school yard and community is clean and safe for every student and staff member.



Bell Park North PS Beanies



Purchase your head warmer from
the office for \$20



UNIFORM POLICY

BELL PARK NORTH PRIMARY SCHOOL

School Council, in consultation with the School Community has introduced a student dress code for the compulsory wearing of school uniform. This dress code has been in place for several years. All parents are made aware of uniform requirements when they enrol their children.

Parents are requested to ensure that their children wear the school uniform that is correct and is kept in a clean and tidy condition. Variations to school uniform are not permitted unless evidence is provided on medical or religious conditions.

AT BELL PARK NORTH PRIMARY SCHOOL THE STUDENT DRESS CODE WILL:

- Promote and encourage a sense of belonging, identification and pride in our school.
- Assist with student safety and group security.
- Eliminate competitive dressing and unnecessary peer group pressure.
- Provide a neat and practical style of dress.
- Ensure new students are integrated easily and smoothly.

GUIDELINES

1. The Bell Park North Primary School Dress Code shall apply to all students while they are at school, travelling to and from school and on all school related activities unless otherwise specified by the school.
2. The school uniform must be worn correctly, in accordance with this policy. Parents should purchase only the listed, approved items from our school approved supplier. Children who are not wearing school uniform, or are wearing items of clothing that are not approved, will receive an 'Out of Uniform' note.
3. The approved uniform supplier will be Noone Imagewear (Bellarine Uniforms; 162 Moorabool Street Geelong).
4. Thongs, open-toe sandals, scuffs, ugg boots, gum boots and platform soles are not acceptable footwear. Shoes must be secured on children's feet at all times.
5. The Principal or delegate shall be responsible for ensuring that clothing, jewellery, footwear, sunhats; etc meets appropriate standards in regard to student safety and overall student presentation and appearance, in line with this policy. This will include ensuring that dress is appropriate on casual dress days e.g. no singlet tops exposing shoulders, shorts and dresses not to be too short.
6. Parents / Guardians are responsible for ensuring their child/children are dressed in school uniform.
7. When a Parent/Guardian can demonstrate significant economic hardship that prevents him/her from complying with the dress code they can make application for special funds from the Principal.
8. SunSmart broad-brimmed sunhats in the school colour are to be worn outside at all times from 1st September-1st May each year. In order to comply with SunSmart regulations for the rest of the year, children should have their hats available; as they will be required to wear them when the UV levels are above 3, regardless of the month.
9. For safety reasons no jewellery is to be worn, with the exception of: a watch, sleeper or stud earrings in the ear only. Children will be asked to remove excessive and/or unsafe jewellery with exception to religion.
10. Make up and coloured nail polish is not to be worn. A clear nail polish is acceptable.
11. Colouring of students' hair is an acceptable practice as long as the colour is of a natural shade. In the event that hair is coloured an unacceptable shade then the parent/guardian will be called to collect the child and re-colour the hair to an acceptable colour.
12. Hairstyles of an extreme style are not acceptable. Examples of extreme hairstyles include shaved stripes, Mohawk or similar styles.

School Name / Department		Policy name		Policy Ref. Number	
Bell Park North Primary School		Uniform Policy			
Owner:	Approved by:	Date:		Version	Page 3 of 3
Bell Park North Primary School	Staff	28/01/2020		1.0	

13. The Principal or the designated delegate will be responsible for determining acceptable standards in relation to hair colour and style.
14. All students' hair, boys and girls, that is of shoulder length or longer must be tied back and off the face for health and safety reasons.
15. Hair bands and ribbons should be white, navy blue or royal blue. No large ornaments such as flowers and scarves are acceptable. Jojo bows are acceptable providing they are white, navy or royal blue.
16. Jackets and raincoats are to be worn only in outdoor areas, and need to be removed once the student enters the school building.
17. Long sleeve t-shirts are not to be worn under school polo shirts.
18. Tracksuit pants or leggings are not to be worn under dresses/kilts.
19. Tights are not to be worn with Summer dresses.
20. Sports knickers or bike shorts may be worn under summer dresses. They should not be visible when standing. Boxer shorts are not acceptable under dresses and should not be visible under boys' shorts. Other underwear should not be visible at any time.
21. Any approved item of clothing may be worn at any time of the year regardless of whether it is on the 'summer' or 'winter' list.
22. All items of uniform, including bags and hats, must be clearly named with a permanent marker of iron labels.
23. All students are required to wear the approved School Uniform which is defined as:

Summer Uniform

- | | |
|--|---|
| • Polo Shirt-Short sleeve | Royal Blue/Navy with logo |
| • Polo Shirt-long sleeve | Royal Blue/Navy with logo |
| • Shorts | Navy Blue (Gabardine, elastic waist) |
| • Trousers | Navy Blue Stubbies (Gabardine, elastic waist) |
| • Culottes | Navy Blue |
| • School Dress | Blue/White stripe |
| • Socks | White sports socks or anklets |
| • Shoes | Black school shoes or runners |
| • Hat | Royal Blue broad-brimmed with logo |
| • 1/2 Zip Windcheater | Royal Blue/Navy with logo |
| • Full Zip Windcheater (Bomber Jacket) | Royal Blue/Navy with logo |

Winter Uniform

- | | |
|--|--|
| • 1/2 Zip Windcheater | Royal Blue/Navy with logo |
| • Full Zip Windcheater (Bomber Jacket) | Royal Blue/Navy with logo |
| • Track Pants | Navy Blue with reinforced knee |
| • Trousers | Navy Blue Stubbies (NOT cargo) |
| • Polo Shirt-Short sleeve | Royal Blue/Navy with logo |
| • Polo Shirt-long sleeve | Royal Blue/Navy with logo |
| • Kilt/Pinafore | Navy/royal/white check |
| • Socks | White sports socks or anklets (or black/navy socks under trousers) |
| • Tights (with kilt only) | Navy |
| • Shoes | Black school shoes or runners |
| • Coat | Navy, polar fleece lining with Logo (optional) |
| • Hat | Royal Blue broad-brimmed with logo |

Uniforms are available for sale at:

BELLARINE UNIFORMS

162 Moorabool Street

Geelong 3220

School Name / Department		Policy name		Policy Ref. Number	
Bell Park North Primary School		Uniform Policy			
Owner:	Approved by:	Date:	Version	Page 3 of 3	
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We acknowledge the Traditional owners of the land, the Wadawurrung Peoples of the Kulin Nation and pay our respect to their Elders, past, present and emerging.



Holiday Program!

Our first holiday program was a huge success! The children enjoyed going to the Archie Brothers arcade, Narana Aboriginal Culture Centre and the movies to see The Super Mario Bros! We also had incursions and activities which were loads of fun!

Dress Up Fun!

The return to Term 2 has led to lots of dress ups! The children have enjoyed getting into character and playing games in their costumes.



Magnetic Blocks

The children have worked together to create lots of different structures using the magnetic blocks. Some children got creative and used them to make a pizza!



TIMES

Before School: 6:45AM - 8:45AM
After School: 3:10AM - 6:00PM
Holidays: 6:45AM - 6:00PM

CONTACT HEAD OFFICE

1300 072 410
info@theircare.com.au

CONTACT SERVICE

0484 311 882
bellparknorth@theircare.com.au



TheirCare
where kids love to be!

Amazing Before + After School Care Programs

Bell Park North Primary School



About the program

TheirCare provides adventurous and stimulating Before & After School Care Programs in a safe environment for all children. During sessions children develop life skills, friendships, confidence and creativity through play.

Bell Park North Primary School has partnered with **TheirCare** to provide this service to your school which includes quality care, booking flexibility, amazing programming for your children and commitment to deliver on our promise to your school community.

Operation Times		Fees-	Out of Pocket	Average ^A
Before School Care	6:45am – 8:45am	\$19.00	\$2.85 - \$19.00	\$2.85
After School Care	3:10pm - 6:00pm	\$26.00	\$3.90 - \$26.00	\$3.90
Pupil Free Day	6:45am – 6:00pm	\$65.00	\$9.75 - \$65.00	\$9.75
Late Booking Cancellation Fee	Within 24 hours	\$4.00		
Cancellation Fee	Same Day	Full Fee	See BSC/ASC	

Please note: No late fees will be applied for Term 1, 2022

Service Phone Number: 0484 311 882 Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

How to Enrol

Visit **TheirCare** website: www.theircare.com.au and click on 'Book Now' in the top right hand corner to register your child's details.

^AStandard fees excluding excursion / excursion costs.

^ABased on ABS published average family income for the suburb the school is located



SCHOOL CROSSINGS NEWSLETTER



UPDATES



FRIDAY 19 MAY 2023

SAVE THE DATE

National Walk Safely to School Day

National Walk Safely to School Day 2023

On Walk Safely to School Day, primary school aged children are encouraged to walk with their parents or caregiver to school. This encourages healthy habits as well as teaching vital road safety skills.

Primary school aged children across Australia will make those important steps towards a healthier future by participating in National Walk Safely to School Day on **Friday 19 May 2023**. National Walk Safely to School Day is a community initiative that aims to raise awareness of the health, road safety, transport and environmental benefits that regular walking (especially to and from school) can provide for the long term well-being of our children.

Now in its 24th year, the annual event encourages parents and teachers to teach road safety skills and support the importance of regular walking, not just on 19 May, but every day.



SCHOOL CROSSINGS NEWSLETTER



UPDATES

SCHOOL CROSSING SAFETY—Help us keep our kids safe

School crossings are located at some intersections, pedestrian light crossings and flagged children's crossings in Geelong and the Bellarine areas.

There are a number of ways that you can help ensure the safety of pedestrians and school crossing supervisors alike.

Pedestrians

- Always stand behind the yellow/white line
- Wait behind the yellow/white line until the supervisor has clearly blown their whistle twice
- Do not ride bikes across the crossing, bounce balls or run. Walk safely
- Always cross at the crossing when it is in operation

Follow the directions of the supervisor.

Motorists

- Make sure you don't park your vehicle within the 'No Stopping' signs whilst flags are displayed, this impacts negatively on the visibility for both vehicles on the road and the crossing supervisor
- Slow down to 40km/h or less in designated school zones
- Obey parking restrictions

Be alert for the operation of the school crossing.



SCHOOL CROSSINGS NEWSLETTER



UPDATES

E-Scooter usage:

Thought I would share some recent new actions by the State Government regarding E-scooters usage. I know many of our supervisors have difficulty on the crossings with users of E-scooters, I would appreciate your school sharing this information with your parents of your school.

You may have already heard the recent State Government announcement that privately owned e-scooters are now legal under a 6 months trial across Victoria (<https://www.premier.vic.gov.au/e-scooter-trial-extended-across-victoria>).

The legalities surrounding their use are:

- you ride on shared-use paths and roads up to and including 60km/h roads
- you're over 16 years
- you wear a helmet
- you don't ride while under the influence of drugs or alcohol
- you ride up to a maximum speed to 20km/h
- you're not using your mobile phone or carrying a passenger (dinking)
- it's not a high-speed e-scooter – capable of more than 25km/h (this is considered an unregistered vehicle and penalties apply)

and never on footpaths.

(For more information: <https://www.vicroads.vic.gov.au/safety-and-road-rules/e-scooters-in-victoria>)

FREE PARENTING FORUM

SEX, CONSENT AND
STAYING SAFE



Dr Justin Coulson, one of Australia's leading parenting experts and father to six daughters, has put together a presentation designed specifically for parents of high school students.

How are we supposed to talk to our children – our teenagers – about consent, respect, alcohol and other drugs, staying safe, and all of the risks they face? Between us not knowing what to say, or when or how to say it, and our kids not willing to hear it, we're in a tough spot. But we have to have the conversations. We must. So where do we start?

In this session, you'll hear:

- What teenagers are getting up to in terms of alcohol, drugs, pornography, and sex.
- Why they think they know everything (and why it's so hard to teach them anything)
- Simple ways to have the conversations your teenager needs to have in a way that invites them to want to listen.

**WEDNESDAY 7
JUNE**

7.30pm–9.00pm

VENUE

OneHope Centre
4–32 Province Boulevard,
Highton

BOOKINGS

Scan the QR
code

This is a free
event but
bookings are
essential.



FREE PARENTING FORUM

A GUIDE TO RAISING A
CHILD WITH ADHD



There may be no psychological condition more controversial and provocative than ADHD. At one extreme, we see some people say it doesn't exist. Others say it's a result of poor parenting.

But for parents who are raising children with an ADHD diagnosis, their child's behaviour can seem like a wrecking ball.

In "A Parent's Guide to Raising a Child with ADHD", Dr Justin

Coulson will explore up-to-the-minute science on what ADHD is, why it occurs, and most importantly, what parents can do to create something at home that feels sane and balanced in an often chaotic climate. This presentation will:

- Explain what ADHD is, and is not.
- Unpack why ADHD is so controversial.
- Review science-supported strategies to help parents guide children with ADHD successfully.
- Provide practical solutions to help create willing participation in family life with a child with ADHD
- Offer family-strengthening tips to support parents, strengthen relationships, and build bonds.



**THURSDAY 8
JUNE**

9.00am–10.30am

VENUE

OneHope Centre
4–32 Province Boulevard,
Highton

BOOKINGS

Scan the QR
code

This is a free
event but
bookings are
essential.



2024 PREP SCHOOL TOUR



LIFE-LONG LEARNERS

Thursday 15th June, 2023
@11:30am

Please call the school on 52783620 to register your interest



**RECONCILIATION IN THE PARK
JOHNSTONE PARK
SUNDAY MAY 28TH
10:00 - 3:00**

'Be A Voice For Generations'



- **Welcome to Country**
 - **Local Dancers**
 - **Community Performers**
 - **Uncle Rob Bundle**
 - **Hands on Activities**
 - **Possum Skin Cloak Workshop**
 - **Kids Activities**
 - **FREE BBQ from 11:30**
 - **Coffee Van on site for purchasing drinks**
 - **Local Arts and Crafts Market Returns**
- **Everyone is Welcome**
• **Free Entry**



Canteen News

Welcome back to our school community new and old.

Normal Canteen Days are **WEDNESDAY, THURSDAY, FRIDAY**

Looking forward to seeing all your smiling faces.

BREAKFAST CLUB

Breaky Club will now be available from **MONDAY** to **FRIDAY** each week

We are now asking for donations of

Margarine, Bread and Milo

CANTEEN

Frozen Yoghurt **NO** longer available.

JJs \$1.20

Vegie Crackers \$1.50

Snaps \$1.50

Oreos \$1.00

Can all be ordered on lunch order bags.



Canteen Menu 2023

Canteen is open Wed, Thur & Fri

Brekky Program runs Wed, Thur & Fri from 8:30am

Place Name, Grade and Room number along with Food order on bag.
Money to be placed in bag and then order to be placed in the basket in classroom.

Thank you



Paper Bags	10c		
Tomato/BBQ Sauce	40c		
Sandwiches and Wraps		Hot Food	
Add 50c for rolls or toasting			
Buttered Roll	\$2.50	Sausage Roll	\$3.50
Vegemite	\$2.70	Party Pies	\$1.40
Vegemite and Cheese	\$3.70	Hotdogs	\$4.00
Cheese	\$3.50	Hawaiian Pizza	\$4.00
Ham	\$3.50	Chicken Nuggets x 3	\$2.50
Ham 'n' cheese	\$4.00	Chicken Nuggets x 6	\$5.00
Ham, Cheese 'n'	\$4.50	Chicken Burger	\$5.00
Tomato		Chicken Burger 'n' Cheese	\$5.50
Egg 'n' Lettuce	\$5.00	Lasagne	\$5.00
Ham 'n' Salad	\$7.00	Spaghetti	\$5.00
Tuna 'n' Salad	\$7.00	Steamed Dims Sims	\$1.20
Chicken 'n' Salad	\$7.00	Corn on the Cob	\$1.00
Salad (no meat)	\$5.50	Chicken Tender Wrap	\$5.50
Salad contains:		(Lettuce, tomato and choice of mayo or chilli sauce)	
Cheese, beetroot, tomato, cucumber, carrot, lettuce, celery		Hot chicken roll w/cheese	\$5.00
Egg extra 50c		w/gravy	\$5.50
Boiled egg	\$1.00	Lasagne	\$5.00
		Spaghetti	\$5.00
Baked Potato		Halal Items	
Coleslaw	\$7.00	Hot dogs	\$4.00
Cheese		Nuggets	3 for \$2.50
Sour Cream			6 for \$5.00
Drinks		Salad Tubs	
Water	\$1.20	Large Salad Tub	\$7.00
		Small Salad Tub	\$6.00
		Fruit Salad	\$7.00