



BELL PARK NORTH PRIMARY SCHOOL

NEWSLETTER #9, Monday 29th May 2023

Principal:

Anthea Lagadinos



Assistant Principal:

Christopher Cox



FROM THE PRINCIPAL.....

Dear Parents,

A Great Week

We have had an enjoyable week and are proud of our children who are working so well.

A big thank you to all our staff for their efforts and to all parents for your continued support.



We have however had a few children displaying symptoms of cold and flu. Whilst we expect children at school daily we ask that your child stays home if not well and a RAT test is administered to them.



We appreciate your support in helping us keep our community safe and we thank parents who have been diligent.

Mr Cox Acting Principal For This Week

I will be on leave for this week as I am having dental surgery. Mr Cox will be Acting Principal until I return on Tuesday 6th June. Please see Mr Cox if you have any concerns or you can leave a message for me to contact you when I return. Mr Cox will be happy to assist you in my absence and I'm sure he will have your full support also.

Grade Area News Item

This week the Year 3/4 children share their learning experiences with you in their Area News item. We hope you enjoy reading it.



Teachers On Leave

We have three teachers taking leave as of this Friday.

Mrs Thomas will be taking leave for the rest of this term and will be returning next term. We hope you have a wonderful time Mrs Thomas.

Mr Gibson will be going on family leave as his new baby will be born soon. We wish Mr Gibson and his wife all the best and look forward to seeing Mr Gibson back early in August.

Mrs Carey will be going on leave to have her baby. We wish Mrs Carey and her husband all the very best for the birth of their first child. At this stage we look forward to seeing Mrs Carey back this time next year.



TERM 2

JUNE

**Netball Lightning
Premiership
Wednesday 7th June**

**King's Birthday
Monday 12th June**

**Sexual Health Program
Grades 5-6
13th-15th June**

**BioLab
Grades 5-6
Friday 16th June**

**Reward Activity Days
19th, 21st & 22nd June**

**3 Way Conferences / Pupil
Free Day
Tuesday 20th June**

**Last Day of Term 2
Friday 23rd June**

Bell Park North Primary School F-6



Vision Statement
Our Vision: "Together We Achieve"

At Bell Park North Primary School, our staff, children and parents work together to support the social, emotional and academic learning of all students in our care.



Our Values
Values which form the basis of our actions are:

**Friendship
Respect
Integrity
Equality
Never Give Up
Do Your Best
Safety**

Term 2 Value "Respect"

School Council President:
Rebecca Hunt

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School Reports

Our teachers are currently involved in the demanding task of writing reports. They are spending many hours out of school time doing so. I would like to acknowledge their efforts at this time and look forward to reading the children's reports when they are completed.

We continue with online reporting to provide parents with timely and valuable information regarding their children's learning. Parents can monitor their children's progress via the COMPASS online platform throughout each term and will be able to view the mid- year report on Monday 19th June. Please see Miss Sue in the office or our Assistant Principal Mr Cox if you are having difficulties logging into COMPASS.

Tuesday 20th June will be a Pupil Free day for the purpose of holding 3-Way Parent, Teacher and Student Conferences.



Cyber Safety / Cyber Bullying

Last Thursday Robbie Noggler (Leading Senior Constable & Youth Resource Officer) came to speak to all the Year 3-6 children about Cyber Safety, Cyber Bullying and Bullying in general. Robbie provides some fantastic reminders to children around keeping safe and not bullying others. He goes into the serious consequences around these.

Unfortunately, we have complaints around the online activities between children out of school hours which we are unable to control and do not have jurisdiction around. We can only remind children of inappropriate behaviours. We ask that parents are vigilant in monitoring their children's online activities and remind you that children under 13 years of age are legally not allowed on these social media platforms.



Important Reminders:



Children Arriving Late

It is a Department of Education requirement that children who arrive late to school must be signed in as being late. This will be the case even if your child arrives a couple of minutes after the bell. Parents will either be asked to sign their child in at the office or the child will be directed past the office to collect a late pass.

Children Leaving Early

Just a reminder to all that children should only be leaving school early for very important reasons. Please try and make appointments in out of school times so that learning time is not lost. We also ask that parents who are going to pick up their children early ring ahead to let us know so we can get your child ready. This minimises the disruptions to the classroom.

Your understanding and support around these practices is much appreciated.

Entering School Grounds and Buildings

Any parent/visitor to our school must come to the office first to check in when entering the school building. This is Department of Education legislation. Parents are not allowed to go straight down to classrooms without checking in at the office first.

We greatly appreciate your support with this.

King's Birthday Holiday

Monday 12th June is the King's Birthday public holiday. There will be no school for children or staff on this day. **The school will be closed.** Please mark this on your calendar as there will be no one available at school to look after any children who attend by mistake.

Student Absences

Government regulations state:

"...All Victorian government schools must contact parents/carers as soon as practicable on the same day of an unexplained student absence.

This requirement supports student safety and wellbeing. Schools need to know when and why a child is absent, and parents/carers need to know if their child is not at school. Prompt communication also promotes daily school attendance. Parents and carers must notify the school of their child's absence as soon as possible on the day of absence using the school's preferred method, including online, by telephone or by email."

To support this regulation, we have the COMPASS notification process in place where parents receive a text message at 9:30 on the day their child is absent unless we have been notified about the absence prior to that time.



Uniform Reminders

Thank you to all of our families who continue to ensure that their children are dressed in the School Council approved uniform items. We greatly appreciate your co-operation with this as our children continue to look wonderful and we get many comments on how well they are dressed and how smart our uniform looks.

We do however have some children who continue to wear unapproved clothing or jewellery items and many children who have hair shoulder length or longer are forgetting to tie it up. It is essential that they do so for health and safety reasons. Children (girls and boys) who have hair at shoulder length or longer and have not tied it up will be given a rubber band and will be required to tie it back as we have a duty of care to fulfil. Children are also not permitted to dye their hair any colour which is not natural hair colour.

We have included another copy of the Uniform Policy in this newsletter.

Please see us at the office if you are having issues with uniform.



Assembly

Assembly will be held this Friday at 2:20 p.m. in our school Gym.

We look forward to seeing you here.

Grade 3/4 N will be presenting an item on this day.



Being COVID-Safe

On October 12th 2022 the Victorian Government announced that the mandatory orders around isolation for people with COVID-19 have ended and instead we move to health advice and recommendations for people with COVID-19 or COVID-19-like symptoms.

Our school will continue to adhere to the Department of Health's recommendations to ensure that our school remains a safe environment for our staff and students.



The Department of Health **strongly recommends** that students and school staff:

- who test positive to COVID-19 stay home and isolate for 5 days and do not attend school after 5 days if they are still symptomatic
- who are symptomatic but have not tested positive not attend school. This does not include students with pre-existing conditions such as hay fever.

Parents and carers are recommended to continue to report their child having COVID-19 to both the school and the Department of Health.

We will, however, no longer report occurrences of positive cases to the school community.

We ask parents and carers to continue to remain vigilant in preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This is about keeping students healthy and well in our school and reducing the spread of both COVID-19 and other respiratory diseases.

Rapid Antigen Tests are available for all Victorians from Council sites. People can get 2 free packs (10 tests) for themselves and 2 free packs (10 tests) for each of their household members.

People with disability and their carers can get up to 4 free packs (20 tests) in line with existing RAT distribution for people with disability.

Parents and carers will be contacted if their child shows symptoms while at school.

Students who wish to wear a mask should continue to do so.

To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures.

We appreciate and thank you for your continued efforts to keep our school community safe and well.

Anthea Lagadinos

Principal

Friendly Reminders:

- **Mr Cox Acting Principal this week whilst Miss Lagadinos is on leave.**
- **Assembly this Friday at 2:20 p.m.,**
- **Full school uniform must be worn every day.**
- **Children must wear hats between the months of September and May or when the UV index is 3 or above.**
- **It's Not Okay to Be Away or Late to School as "Every Day Count."**



Hi Everyone.

I'm Bek, your 2023 School council president for BPNPS. I have been honoured every year for the past 4 years to have been elected to fill this role and I absolutely love what I do. I have been apart of BPNPS community for 9 years now with my eldest daughter graduating 2 years ago and my young man graduating this year.

I would like to welcome all new families who have joined BPNPS this year.
I just wanted to touch on a few things.

*** CROSSING THE ROAD**

Please, please, please encourage your child/ren to use the crossing. No parent should be crossing with their child away from here, it becomes unsafe and isn't setting a good example for others seeing this. Let's all make a difference and do the sensible thing.

On that note we have had quiet a bit of contact with COGG over the years and have put our feelers out about an additional crossing/s and unfortunately we dont qualify for one. As some may see some mornings the COGG car sits in Barton St/Hedgley drive, they are monitoring our area to see if it's needed and based on their assessment it's not at this point.

Leading on from COGG, these guys are also fining cars that are parking illegally at drop off/pick up also so please take note of surrounding signs and be mindful of this.

*** PARKING**

For the safety of my child, your child/ren, and other children of our school's community, please DO NOT park in the staff car park! There is one parent whom is exempt from this and that is because it's easier for wheelchair access.

These rules are applied for the safety of everyone!

*** RESPECT**

It saddens me that I need to even write such a thing, BUT Please respect one another. This also includes our Teachers and Principals!

No Parent/Carer/Teacher/Principal deserves to be disrespected within our school grounds or community. Please remember our Teachers/Principals do not get paid to be abused. Should there be an issue, speak to the teacher direct, no abuse is needed or will be tolerated.

*** SOCIAL MEDIA**

I would like to advise all families that we do have a 'BPNPS Information and support group' and a 'BPNPS second hand uniforms' page on Facebook. We also have a 'BPNPS' instagram page. These pages are highly monitored by the amazing admins and are a great reminder for any upcoming school event/s or selling some pre-loved uniform.

Please feel free to find me on either of these pages should you wish to speak to me or propose anything that you would like for us to table at any upcoming school council meetings. "You're voice matters"

With the end of this term fast approaching, I look forward to what is planned for the remaining of the year.

Keep smiling and thanks for reading.

Rebecca Hunt.



Welfare Corner



Helping your child to build resilience

Resilience, what is it? Resilience is about being able to cope with the ups and downs of life. It is about coping with the challenges that life brings us and bouncing back from any set back. Resilience is about recovering positively after a setback. Teaching children resilience now will give them good coping skills for the future, when they move into adulthood.

So, what can you do to help your child build resilience?

Problem Solving – you can't fix all of your children's problems, so don't try to. Children need to learn how to problem solve, so talk to them about what has happened, how they feel and what they could do to fix or manage the problem.

Managing Emotions – talk to them about strong emotions, ask them what they are feeling, tell them it is okay to have these feelings, talk to them about strategies that they could try to help them manage these emotions.

It's okay to make mistakes, to fail or experience disappointment – When your child makes a mistake, tell them it's okay, normalise it, we all make mistakes at times, no-one is perfect. If they fail at something, tell them this is okay, they can learn from their failures, talk to them about what they can do differently next time. Teach them that life has its ups and downs and there will be times when we get disappointed. Teach your children to be kind to themselves, to accept that there will be times when things don't go the way they want them to go and that is okay.

Focus on the positive – teach your children to find something positive about their day. Being grateful for things that went well, no matter how small it is. There are often times when our day does not go the way we want it to go but we can still find something to be positive about.

Encourage your children to have a go – even when things go wrong, encourage your children to have a go and if it doesn't work out, encourage them to try again.

Always let your children know you are there to support them, no matter what.

For further information: <https://raisingchildren.net.au/school-age/behaviour/understanding-behaviour/resilience-how-to-build-it-in-children-3-8-years>
<https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience>

Rosalie Scott – Welfare Officer



Swimming with SEAL

(Social Emotional Awareness Learning)

Introducing 'The Resilience Project'

We are very excited to inform you that starting week 7 in SEAL we are joining with "The Resilience Project".

Below is some information for you from 'The Resilience Project'

Throughout 2023, we will be working closely with The Resilience Project to support the wellbeing of our school community.

[The Resilience Project](#) delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience.

Our Partnership Program consists of online presentations and weekly lessons for students, professional development for staff, and Parent & Carer Hub (inc. digital presentations) for our parent and carer community.

Over the coming weeks, we'll be sharing the Parent & Carer Hub with you. The videos are 5-10 minutes long and will walk through the key pillars of resilience: **Gratitude, Empathy & Mindfulness**. You'll hear stories and be introduced to activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

This program is an important part of our school's effort to look after the mental health of our community.
View the first presentation of the series here:

Part 1: Meet Martin and learn about The Resilience Project - <https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-martin/>

We will be in touch fortnightly to share the remainder of the program, including research and wellbeing activities to integrate into day to day life.

For mental health resources and support information, visit The Resilience Project's Support Page.

As a staff we have been learning about 'The Resilience Project' and we are excited to be teaching the curriculum. Every child will receive a journal, which they will use throughout our sessions.

We encourage you to visit the parent hub which will give you more information about 'The Resilience Project'

There is also a parent newsletter, which we have attached to this newsletter, as the parent newsletter is released we will share them with you.

If you have any questions about 'The Resilience Project' please talk to your child's teacher or speak to Rosalie Scott - Welfare Officer.



Swimming with SEAL

(Social Emotional Awareness Learning)



Week 5 and 6 in SEAL our children are learning about Problem Solving, as part of Respectful Relationships.

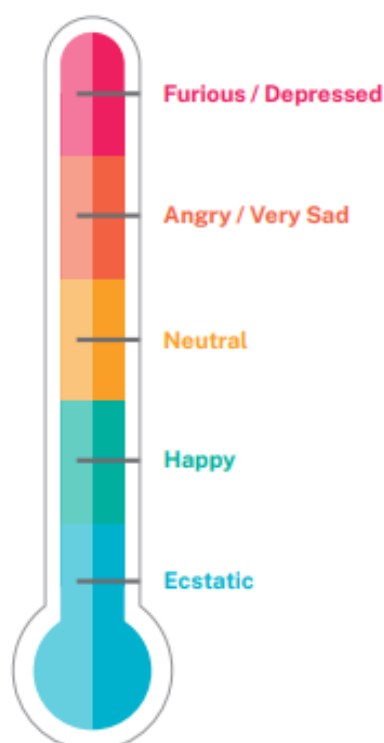
Problem-solving skills are an important part of the coping repertoire. The classroom program provides a number of learning activities to develop students' problem-solving skills. The activities in the program assist students to develop their critical and creative thinking skills, and to apply them to scenarios exploring personal, social and ethical dilemmas. (Resilience, Rights and Respectful Relationships)



Emotional Literacy

Emotional Literacy is being able to **recognise and name our emotions**. If we can label our emotions, then we can start to understand the why and begin to problem solve to work through what it is that we're going through.

It is important to know that it is okay to feel all the emotions! **The key is to understand these and be able to use strategies to manage our emotions effectively.** Below is an example of a mood scale; this is a handy visual to use with children but can also be a handy tool to use for adults! Throughout the day we will move up and down the mood scale as we feel different emotions.



REFLECTING ON EMOTIONS

- Have a think about times when you have felt like you were at the top end of the mood scale, in the orange or red.
- What were the triggers that made you feel like this?
- Think about the emotions you were feeling, it could have been anger, extreme sadness, furiousness, high anxiety, etc.

MOOD CHANGERS

- Now think about how you were able to bring yourself back down on the mood scale.
- Do you already have strategies in place, or could you build up your 'mood changer' toolbox?
- Some examples of mood changes could be:

DEEP BREATHS

PLAYING WITH YOUR PET

PLAYING MUSIC

A HUG FROM YOUR CHILD/REN

MINDFULNESS

A WALK

Click here or scan the QR code to download a catastrophe scale template that you could print and use as a family.



Click on the image or scan the QR code to listen to **Dr. Emily**, a psychologist who talks about **Emotional Awareness** on the podcast, 'the imperfects'.



Click on the image or scan the QR code to listen to **Lael Stone** on the podcast, 'the imperfects'. Lael is an educator and a parenting expert.

If you enjoyed that episode, [click here](#) to listen to her most recent episode too.



Proudly supported by

coles

The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.

education@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au

**RESILIENCE
PROJECT**

WEEKLY AWARDS

Week Ending 26th May 2023

Grade	Student	Reason for Award
Foundation C Mr Cleeland	Charlotte Vigh	For the assistance she provides to her peers. Charlotte is a helpful student and is always encouraging others to fulfil their potential. She regularly contributes to class discussions and provides others with thoughts and ideas. Congratulations Charlotte!
Foundation M Miss Maddocks	Awis Hussain	Awis has an excellent attitude towards school and his learning. He is friendly to everyone and helps keep our classroom clean and positive. He has been working hard on his language skills and is making some great friends within the class. Congratulations Awis!
Foundation R Miss Roosje	Zahara Gregory	For working hard on her letters and sounds! Zahara has been writing down all the sounds she hears when writing her animal information reports. You have shown great resilience and to never give up. Keep it up!
1/2G Mr Gear	Ali Syed	For demonstrating our values around respecting self and others! Ali has shown great engagement this week, listening respectfully and following instructions during learning experiences in the classroom. Keep up the great work Ali!
1/2O Miss O'Dea	Alyssa Strebs	For her spectacular effort this week across all learning areas and being such a kind and caring classmate. Keep being a superstar Alyssa!
1/2P Miss Pither	Qaian Sayed	For always having a positive attitude to his learning. Qaian always tries his best and gives all activities a go. Keep up the great work Qaian!
1/2B Mr Greenwood	Areeha Batool	For always trying her best in all subjects. Areeha is applying what she is learning into all her set work and showing growth. She has shown a great knowledge in maths especially when learning about balanced equations. Keep up the great work Areeha!

WEEKLY AWARDS

Week Ending 26th May 2023

Grade	Student	Reason for Award
1/2Z Miss Zlatkovic	Jove McGill	For his fantastic enthusiasm towards our quick write activity on Monday. He showed a growth mindset and approached the task well, he should be extremely proud of his efforts! Keep up the amazing work Jove.
3/4S Mr Stoop	Michelle Skhabyuk	For her amazing efforts and hard work leading up to school athletics day. Michelle continuously used the school values of "Never give up" and "Do your best" to be successful and place in multiple events on the day. Well done Michelle!
3/4P Mrs Pfeiffer	Mina Alizada	Mina gets this award for being a calm, kind, respectful and caring person, who always follows our school's Respect value for this term. Mina enjoys writing Narratives and thinks of interesting story plots and describing words. Keep trying hard Mina! You can do it!
3/4N Ms Neale	Lilabelle Ennis-Fagan	Lilabelle is a wonderful member of the 3/4 N team. This week she has worked extremely hard towards editing and revising her narrative so that it is more engaging to her reader. She was able to include more descriptions to help the reader visualise the story and organised her ideas so that they made sense. Excellent work Lilabelle! Keep working hard!
5/6H Mr Harmon	Shanvi Shanvi	Shanvi is a terrific member of our class. She is always responsible and displays a happy and positive attitude. Shanvi wrote some great Limerick poems this week! Awesome job Shanvi!!
5/6M Mr Mitchell	Rhianna Serasinghage Don	Rhianna has shown great enthusiasm when developing entertaining haiku and limerick poems this week. It has been great to see Rhianna challenge herself when creating such descriptive pieces. Well done Rhianna!
5/6C Mrs Climpson	Jordan Day	For demonstrating a deep understanding of the different styles of poetry we have learnt about this week. Jordan has gone above and beyond what was asked of him and created some amazing poems. Well done Jordan. Keep up the great work and trying to extend yourself!

WEEKLY AWARDS

Week Ending 26th May 2023

Grade	Student	Reason for Award
PE Mr Gibson	Dane Veitenheimer	For working effectively with other students to further improve his skills. Dane encourages other students to try their best, he follows class instructions and always comes to P.E with positive energy and an eagerness to learn.
PE Mr Skipworth	Enissa Bailey	Enissa is an enthusiastic participant during P.E. She enjoyed the opportunity to take part in our gymnastics session this week. It's great to see her giving it her all. Keep up the great work.
Media Arts Mr Gibson	Ryan Pokhrel	For his ability to transform household materials into a unique creation. Ryan created a detailed robot design and used a range of artistic techniques and problem-solving skills in his artwork.
STEM Mr Skipworth	Olivia Albert	Olivia worked hard on her Apex Predator food chain poster. Her detail and presentation was of an extremely high standard – keep up the great work Olivia.
JAPANESE Mrs Carey	Patricia Mina	For her enthusiasm when learning about birthdays this week. Patricia quickly learnt how to say when her birthday is in Japanese! Awesome work Patricia, keep it up!
Green Team Mr Stoop	3/4N	For taking time out of each recess and lunch to ensure our school yard and community is clean and safe for every student and staff member.



Bell Park North PS Beanies



Purchase your head warmer from
the office for \$20



UNIFORM POLICY

BELL PARK NORTH PRIMARY SCHOOL

School Council, in consultation with the School Community has introduced a student dress code for the compulsory wearing of school uniform. This dress code has been in place for several years. All parents are made aware of uniform requirements when they enrol their children.

Parents are requested to ensure that their children wear the school uniform that is correct and is kept in a clean and tidy condition. Variations to school uniform are not permitted unless evidence is provided on medical or religious conditions.

AT BELL PARK NORTH PRIMARY SCHOOL THE STUDENT DRESS CODE WILL:

- Promote and encourage a sense of belonging, identification and pride in our school.
- Assist with student safety and group security.
- Eliminate competitive dressing and unnecessary peer group pressure.
- Provide a neat and practical style of dress.
- Ensure new students are integrated easily and smoothly.

GUIDELINES

1. The Bell Park North Primary School Dress Code shall apply to all students while they are at school, travelling to and from school and on all school related activities unless otherwise specified by the school.
2. The school uniform must be worn correctly, in accordance with this policy. Parents should purchase only the listed, approved items from our school approved supplier. Children who are not wearing school uniform, or are wearing items of clothing that are not approved, will receive an 'Out of Uniform' note.
3. The approved uniform supplier will be Noone Imagewear (Bellarine Uniforms; 162 Moorabool Street Geelong).
4. Thongs, open-toe sandals, scuffs, ugg boots, gum boots and platform soles are not acceptable footwear. Shoes must be secured on children's feet at all times.
5. The Principal or delegate shall be responsible for ensuring that clothing, jewellery, footwear, sunhats; etc meets appropriate standards in regard to student safety and overall student presentation and appearance, in line with this policy. This will include ensuring that dress is appropriate on casual dress days e.g. no singlet tops exposing shoulders, shorts and dresses not to be too short.
6. Parents / Guardians are responsible for ensuring their child/children are dressed in school uniform.
7. When a Parent/Guardian can demonstrate significant economic hardship that prevents him/her from complying with the dress code they can make application for special funds from the Principal.
8. SunSmart broad-brimmed sunhats in the school colour are to be worn outside at all times from 1st September-1st May each year. In order to comply with SunSmart regulations for the rest of the year, children should have their hats available; as they will be required to wear them when the UV levels are above 3, regardless of the month.
9. For safety reasons no jewellery is to be worn, with the exception of: a watch, sleeper or stud earrings in the ear only. Children will be asked to remove excessive and/or unsafe jewellery with exception to religion.
10. Make up and coloured nail polish is not to be worn. A clear nail polish is acceptable.
11. Colouring of students' hair is an acceptable practice as long as the colour is of a natural shade. In the event that hair is coloured an unacceptable shade then the parent/guardian will be called to collect the child and re-colour the hair to an acceptable colour.
12. Hairstyles of an extreme style are not acceptable. Examples of extreme hairstyles include shaved stripes, Mohawk or similar styles.

School Name / Department		Policy name		Policy Ref. Number	
Bell Park North Primary School		Uniform Policy			
Owner:	Approved by:	Date:		Version	Page 3 of 3
Bell Park North Primary School	Staff	28/01/2020		1.0	

13. The Principal or the designated delegate will be responsible for determining acceptable standards in relation to hair colour and style.
14. All students' hair, boys and girls, that is of shoulder length or longer must be tied back and off the face for health and safety reasons.
15. Hair bands and ribbons should be white, navy blue or royal blue. No large ornaments such as flowers and scarves are acceptable. Jojo bows are acceptable providing they are white, navy or royal blue.
16. Jackets and raincoats are to be worn only in outdoor areas, and need to be removed once the student enters the school building.
17. Long sleeve t-shirts are not to be worn under school polo shirts.
18. Tracksuit pants or leggings are not to be worn under dresses/kilts.
19. Tights are not to be worn with Summer dresses.
20. Sports knickers or bike shorts may be worn under summer dresses. They should not be visible when standing. Boxer shorts are not acceptable under dresses and should not be visible under boys' shorts. Other underwear should not be visible at any time.
21. Any approved item of clothing may be worn at any time of the year regardless of whether it is on the 'summer' or 'winter' list.
22. All items of uniform, including bags and hats, must be clearly named with a permanent marker of iron labels.
23. All students are required to wear the approved School Uniform which is defined as:

Summer Uniform

- | | |
|--|---|
| • Polo Shirt-Short sleeve | Royal Blue/Navy with logo |
| • Polo Shirt-long sleeve | Royal Blue/Navy with logo |
| • Shorts | Navy Blue (Gabardine, elastic waist) |
| • Trousers | Navy Blue Stubbies (Gabardine, elastic waist) |
| • Culottes | Navy Blue |
| • School Dress | Blue/White stripe |
| • Socks | White sports socks or anklets |
| • Shoes | Black school shoes or runners |
| • Hat | Royal Blue broad-brimmed with logo |
| • 1/2 Zip Windcheater | Royal Blue/Navy with logo |
| • Full Zip Windcheater (Bomber Jacket) | Royal Blue/Navy with logo |

Winter Uniform

- | | |
|--|--|
| • 1/2 Zip Windcheater | Royal Blue/Navy with logo |
| • Full Zip Windcheater (Bomber Jacket) | Royal Blue/Navy with logo |
| • Track Pants | Navy Blue with reinforced knee |
| • Trousers | Navy Blue Stubbies (NOT cargo) |
| • Polo Shirt-Short sleeve | Royal Blue/Navy with logo |
| • Polo Shirt-long sleeve | Royal Blue/Navy with logo |
| • Kilt/Pinafore | Navy/royal/white check |
| • Socks | White sports socks or anklets (or black/navy socks under trousers) |
| • Tights (with kilt only) | Navy |
| • Shoes | Black school shoes or runners |
| • Coat | Navy, polar fleece lining with Logo (optional) |
| • Hat | Royal Blue broad-brimmed with logo |

Uniforms are available for sale at:

BELLARINE UNIFORMS

162 Moorabool Street

Geelong 3220

School Name / Department		Policy name		Policy Ref. Number	
Bell Park North Primary School		Uniform Policy			
Owner:	Approved by:	Date:	Version	Page 3 of 3	
Bell Park North Primary School	Staff	28/01/2020	1.0		



FREE

Bell Park Playgroup

Playgroup commencing **Wednesday 15 February**

Bethany Community Support runs playgroups as part of our Connect Up program, a local service that supports families to help their children thrive

Playgroups connect families to community and provide a place for parents to develop skills and for children to learn. They are also a great way to meet new people and socialise with other families.

For more information regarding Bell Park Playgroup please call **Renae** on **0490 669 510**

- Teach your child new skills
- Meet new families with young children
- Share information and ideas
- Fun activities for you to share with your preschool children

**Bell Park North Primary School
16 - 26 Barton Street Bell Park**

Wednesdays 9.30am - 11am

Bring a healthy snack and a water bottle for your child



Community Hub Leader
Azadeh Doosti
0422909487

bethany.org.au



Together We Achieve

Bell Park North
Primary School



Toy Library Free

Every Wednesday

9:30 am - 10:30 am

16-26 Barton St, Bell Park

**Join
Us**

For more information contact

Community Hub Leader

Azadeh Doosti

0422909487



We acknowledge the Traditional owners of the land, the Wadawurrung Peoples of the Kulin Nation and pay our respect to their Elders, past, present and emerging.



Pupil Free Day

On Monday the 15th of May we had a day full of fun at TheirCare! The sun was shining so we spent a lot of time outdoors playing on the playgrounds and footy on the oval. Inside we did lots of craft including making hama beads!

Under the sea

During week 4 our theme was under the sea, we made our own jellyfish using paper plates and streamers! We also made under the sea themed hama beads.



Robot Week!

In week 5 our theme was robots, we used recycled boxes and foil to create our own robots. We also played many games of bobs and statues where we danced like robots too!



TIMES

Before School: 6:45AM - 8:45AM
After School: 3:10PM - 6:00PM
Holidays: 6:45AM - 6:00PM

CONTACT HEAD OFFICE

 1300 072 410
 info@theircare.com.au

CONTACT SERVICE

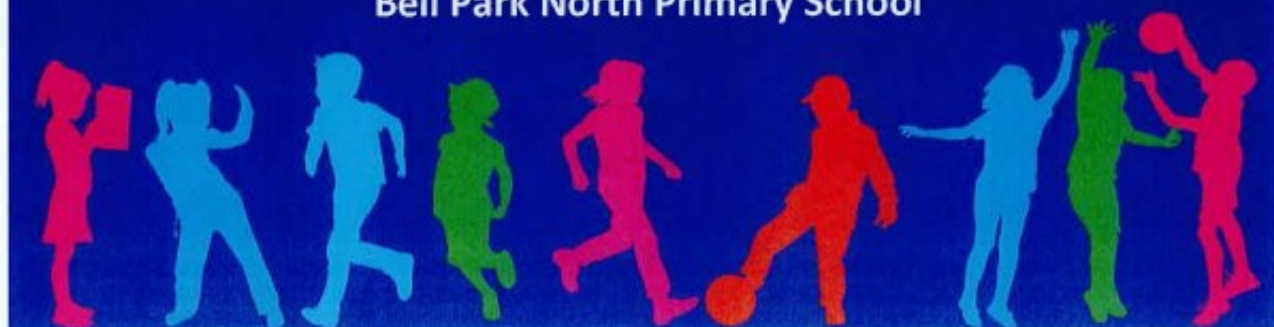
 0484 311 882
 bellparknorth@theircare.com.au



TheirCare
Where Kids love to be!

Amazing Before + After School Care Programs

Bell Park North Primary School



About the program

TheirCare provides adventurous and stimulating Before & After School Care Programs in a safe environment for all children. During sessions children develop life skills, friendships, confidence and creativity through play.

Bell Park North Primary School has partnered with TheirCare to provide this service to your school which includes quality care, booking flexibility, amazing programming for your children and commitment to deliver on our promise to your school community.

Operation Times		Fees*	Out of Pocket	Average^
Before School Care	6:45am – 8:45am	\$19.00	\$2.85 - \$19.00	\$2.85
After School Care	3:10pm - 6:00pm	\$26.00	\$3.90 - \$26.00	\$3.90
Pupil Free Day	6:45am – 6:00pm	\$65.00	\$9.75 - \$65.00	\$9.75
Late Booking Cancellation Fee	Within 24 hours	\$4.00		
Cancellation Fee	Same Day	Full Fee	See BSC/ASC	

Please note: No late fees will be applied for Term 1, 2022

Service Phone Number: 0484 311 882 Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

How to Enrol

Visit **TheirCare** website: www.theircare.com.au and click on 'Book Now' in the top right hand corner to register your child's details.

*Standard fees excluding incursion / excursion costs

^Based on ABS published average family income for the suburb the school is located

FREE PARENTING FORUM

SEX, CONSENT AND
STAYING SAFE



Dr Justin Coulson, one of Australia's leading parenting experts and father to six daughters, has put together a presentation designed specifically for parents of high school students.

How are we supposed to talk to our children – our teenagers – about consent, respect, alcohol and other drugs, staying safe, and all of the risks they face? Between us not knowing what to say, or when or how to say it, and our kids not willing to hear it, we're in a tough spot. But we have to have the conversations. We must. So where do we start?

In this session, you'll hear:

- What teenagers are getting up to in terms of alcohol, drugs, pornography, and sex.
- Why they think they know everything (and why it's so hard to teach them anything)
- Simple ways to have the conversations your teenager needs to have in a way that invites them to want to listen.

**WEDNESDAY 7
JUNE**

7.30pm–9.00pm

VENUE

OneHope Centre
4–32 Province Boulevard,
Highton

BOOKINGS

Scan the QR
code

This is a free
event but
bookings are
essential.



FREE PARENTING FORUM

A GUIDE TO RAISING A
CHILD WITH ADHD



There may be no psychological condition more controversial and provocative than ADHD. At one extreme, we see some people say it doesn't exist. Others say it's a result of poor parenting.

But for parents who are raising children with an ADHD diagnosis, their child's behaviour can seem like a wrecking ball.

In "A Parent's Guide to Raising a Child with ADHD", Dr Justin

Coulson will explore up-to-the-minute science on what ADHD is, why it occurs, and most importantly, what parents can do to create something at home that feels sane and balanced in an often chaotic climate. This presentation will:

- Explain what ADHD is, and is not.
- Unpack why ADHD is so controversial.
- Review science-supported strategies to help parents guide children with ADHD successfully.
- Provide practical solutions to help create willing participation in family life with a child with ADHD
- Offer family-strengthening tips to support parents, strengthen relationships, and build bonds.



**THURSDAY 8
JUNE**

9.00am–10.30am

VENUE

OneHope Centre
4–32 Province Boulevard,
Highton

BOOKINGS

Scan the QR
code

This is a free
event but
bookings are
essential.



It's YOUR Library

Library membership is **FREE!** Bring your grown up into one of our 19 branches to sign up. Spend some time in our welcoming spaces and take home up to 40 items! At Geelong Regional Libraries we have:



Early Years programs



Children's Computers



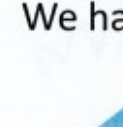
Picture Books and Board Books



Audio Books and Magazines



DVD's and CDs



Toys and Games



After School Programs



School Holiday Activities

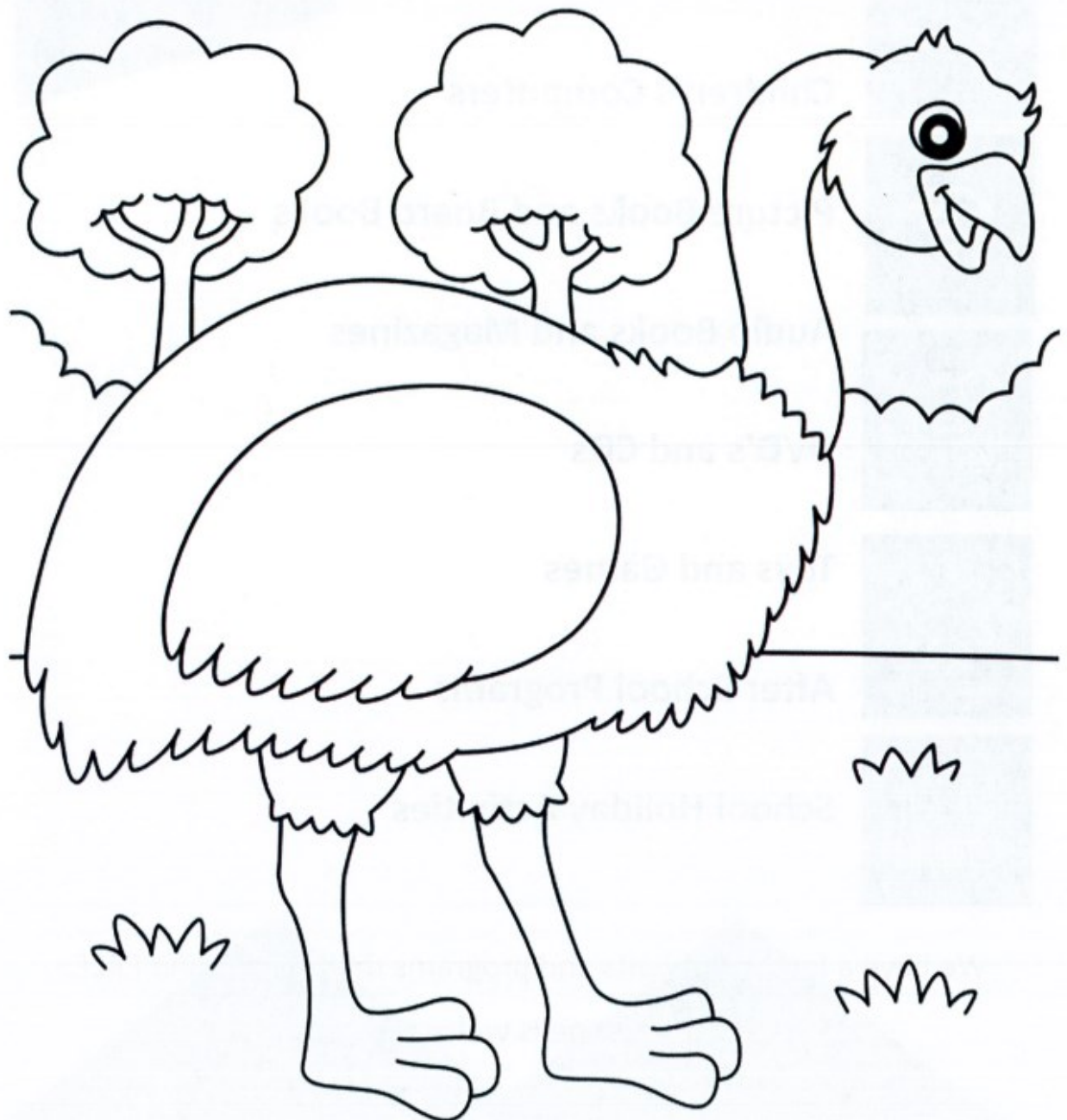
We have a fantastic events and programs that are fun and FREE.

Everyone is welcome!

Online grlc.vic.gov.au Phone 03 4201 0658
Corner Cox Rd and Moa Street, Norlane 3214

GEELONG
REGIONAL
LIBRARIES





2024 PREP SCHOOL TOUR



LIFE-LONG LEARNERS

Thursday 15th June, 2023
@11:30am

Please call the school on 52783620 to register your interest



**RECONCILIATION IN THE PARK
JOHNSTONE PARK
SUNDAY MAY 28TH
10:00 - 3:00**

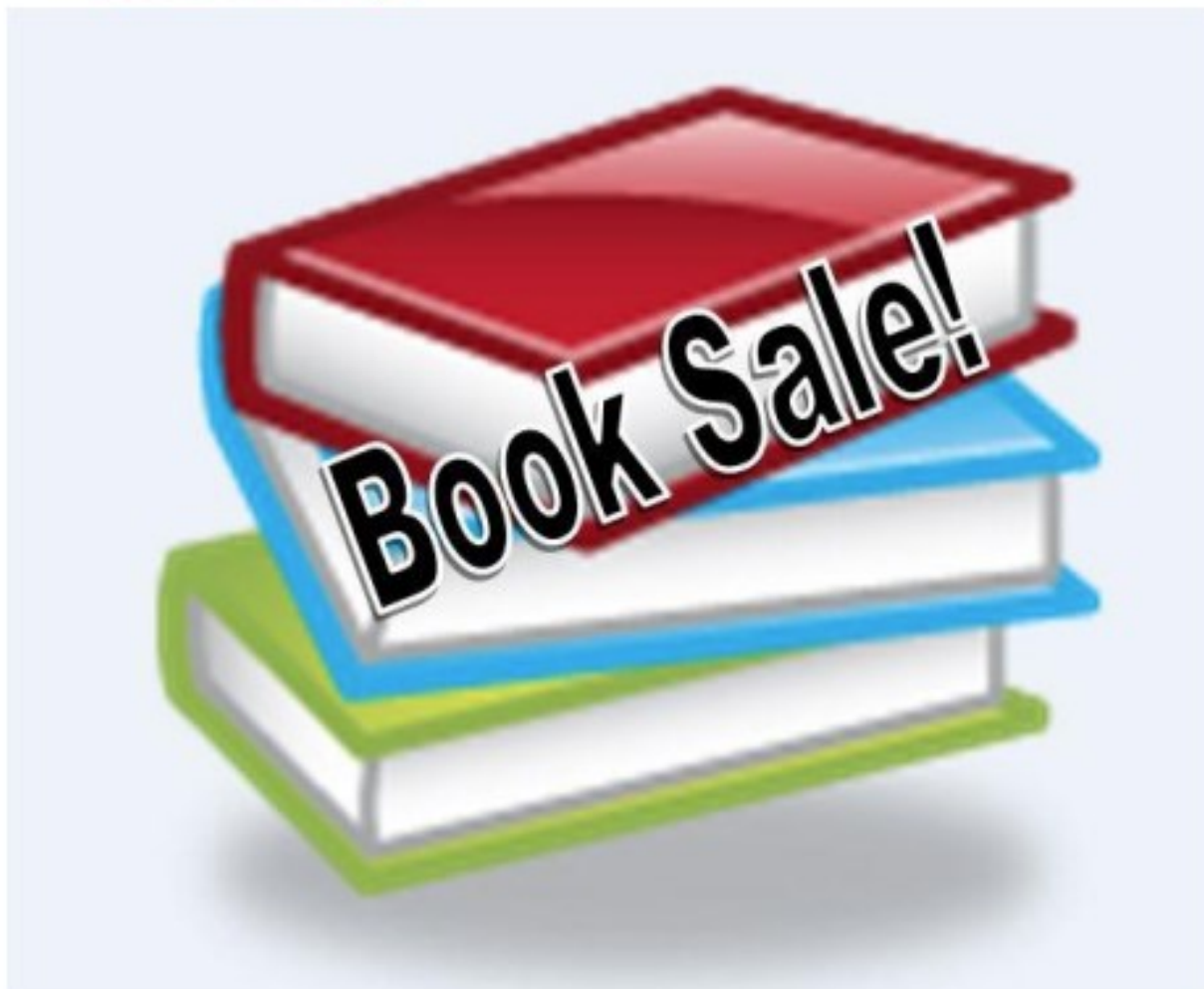
'Be A Voice For Generations'



- **Welcome to Country**
 - **Local Dancers**
 - **Community Performers**
 - **Uncle Rob Bundle**
 - **Hands on Activities**
 - **Possum Skin Cloak Workshop**
 - **Kids Activities**
 - **FREE BBQ from 11:30**
 - **Coffee Van on site for purchasing drinks**
 - **Local Arts and Crafts Market Returns**
- **Everyone is Welcome**
• **Free Entry**



Uniting



Nothing over \$1.

Join us at our monthly book sale.

Held the first Friday and Saturday of each month at Uniting Grovedale, the Uniting book sale raises much needed funds for local services.

**272 Torquay Rd, Grovedale
(Corner Reserve and Torquay Roads)**

Friday 2nd June and

Saturday 3rd June

10am - 2pm

GO CAMPS

MON 3 - WED 5

JULY

**9AM-3PM
EACH DAY**

AGES 7 -15

**KNOX REGIONAL
FOOTBALL CENTRE**



**Some of the activities during
the Camps will include:**

Shooting practice

Skills sessions

Small sided games

Various awards given out throughout
the camp

Training with FV's technical staff

Registration price post early bird: \$80 per day, \$210 for three days.

Important Information

First Aid professional on site

Morning snacks provided

Please bring a packed lunch

Registration early bird (Friday, June
2) prices: \$70 per day, \$180 for three
days.

SCAN QR TO REGISTER

For enquiries contact the Go Football team
on 0394741872 or info@gofootball.com.au



Canteen News

Welcome back to our school community new and old.

Normal Canteen Days are **WEDNESDAY, THURSDAY, FRIDAY**

Looking forward to seeing all your smiling faces.

BREAKFAST CLUB

Breaky Club will now be available from **MONDAY** to **FRIDAY** each week

We are now asking for donations of

Margarine, Bread and Milo

CANTEEN

Frozen Yoghurt **NO** longer available.

JJs \$1.20

Vegie Crackers \$1.50

Snaps \$1.50

Can all be ordered on lunch order bags.



Canteen Menu 2023

Canteen is open Wed, Thur & Fri

Brekky Program runs Wed, Thur & Fri from 8:30am

Place Name, Grade and Room number along with Food order on bag.
Money to be placed in bag and then order to be placed in the basket in classroom.

Thank you



Paper Bags	10c		
Tomato/BBQ Sauce	40c		
Sandwiches and Wraps		Hot Food	
Add 50c for rolls or toasting			
Buttered Roll	\$2.50	Sausage Roll	\$3.50
Vegemite	\$2.70	Party Pies	\$1.40
Vegemite and Cheese	\$3.70	Hotdogs	\$4.00
Cheese	\$3.50	Hawaiian Pizza	\$4.00
Ham	\$3.50	Chicken Nuggets x 3	\$2.50
Ham 'n' cheese	\$4.00	Chicken Nuggets x 6	\$5.00
Ham, Cheese 'n'	\$4.50	Chicken Burger	\$5.00
Tomato		Chicken Burger 'n' Cheese	\$5.50
Egg 'n' Lettuce	\$5.00	Lasagne	\$5.00
Ham 'n' Salad	\$7.00	Spaghetti	\$5.00
Tuna 'n' Salad	\$7.00	Steamed Dims Sims	\$1.20
Chicken 'n' Salad	\$7.00	Corn on the Cob	\$1.00
Salad (no meat)	\$5.50	Chicken Tender Wrap	\$5.50
Salad contains:		(Lettuce, tomato and choice of mayo or chilli sauce)	
Cheese, beetroot, tomato, cucumber, carrot, lettuce, celery		Hot chicken roll w/cheese	\$5.00
Egg extra 50c		w/gravy	\$5.50
Boiled egg	\$1.00	Lasagne	\$5.00
		Spaghetti	\$5.00
Baked Potato		Halal Items	
Coleslaw	\$7.00	Hot dogs	\$4.00
Cheese		Nuggets	3 for \$2.50
Sour Cream			6 for \$5.00
Drinks		Salad Tubs	
Water	\$1.20	Large Salad Tub	\$7.00
		Small Salad Tub	\$6.00
		Fruit Salad	\$7.00